The Crittenden Press

Thursday, August 27, 2015 16 PAGES | VOLUME 134 | NUMBER 9

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False alarms causing worries

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"We're

Four false alarms in three weeks have city officials seriously concerned that Marion's early warning tornado siren will be viewed by the public as just another Boy



going to trust it,' Marion Police Chief Ray O'Neal said Tuesday, shortly after the siren at

the city's fire department sounded at 9:09 a.m. "This has gone too far. Monday, the siren went

off around 8 a.m. On Aug. 3 and 4, the signal could be heard across the city around 3:30 a.m. and 8:30 a.m., respectively

The siren can be sounded remotely from Marion's E-911 Dispatch Center or manually at the site. The malfunction appears to be with the siren itself and not caused by anything at dispatch. For now, the plug has been pulled by City Administrator Mark Bryant. It will remain that way until a

technician can make repairs. "We'll have another tornado season this fall," Bryant said, adding that he wants people to be able to trust it is a true emergency the next time they hear the siren.

O'Neal said he is not aware of any recent false alarms from any of the county's other tornado warnina sirens.

Newcom out for medical reasons

Judge-Executive Perry Newcom remains out of his courthouse office following surgery early this week to re-

> pair two ruptured hernias.



While he is out, Magistrate Dan Wood, who was elected by his peers on the fiscal court as

pro-tem, will be the acting judge-executive. At press time, it was uncertain how

long Newcom would be out. Newcom said before surgery Monday at Crittenden Health Systems that he has been dealing with a hernia for about four years. The rupture occurred over the

Meetings

- Crittenden County Public Library Board of Trustees will meet at 5 p.m. today (Thursday) in the library meeting

- Crittenden-Livingston Water District will meet at 7 p.m. Monday at the district office on East Main Street in

Crittenden County Chamber of Commerce meets at 8 a.m. Tuesday at Marion Tourism Center.

- Crittenden County Extension District Board will meet a 5:45 p.m. next Thursday at the Extension office to set 2015 property tax rates.



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Church offers Recovery for those hurting

By JASON TRAVIS STAFF WRITER

A Marion church is offering help to address personal hurts, habits and hang-ups that many people may deal with on a daily basis.

Marion Baptist Church will begin offering Celebrate Recovery from 6 to 8 p.m. starting next Thursday. Meetings will be held in the church's basement each Thursday. The program will reach out to individuals and families in Marsurrounding and communities who are hurting from past choices and behaviors and will offer a new life that separates them from



Thursdays | 6 to 8 p.m. Starting Sept. 3 at Marion Baptist Church

those negative behaviors. Bringing Celebrate Recovery to Crittenden County was vision Marion Baptist

Church Pastor Dr. Mike

church members have had for several years. McMican said they have been attending other Celebrate Recovery programs in Eddyville and Paducah to learn how to help others through the program.

Now, a group of locals, some of whom are affiliated with the church and some who are not, are working together to offer the community this outreach program.

Steps and principals in Celebrate Recovery help individuals address a variety of life issues. The program is not exclusively for alcohol or drug addiction. It goes beyond

those problems and tackles additional issues where people may need healing. Those issues can include depression, low self-esteem, anger and self-doubt.

"We learn that we use many things to cover over the hurts as a child, to mask the pain we feel," McMican said. From those hurts, many develop habits that are damaging to us and others. We learn to heal from these hurts habits, hang-ups - by seeking God's healing. Through God's leading, Celebrate Recovery helps people learn how to truly love themselves and othBible-based program drawn from the Beatitudes listed in the Gospel of Mathew, and it follows 12 steps similar to the Alcoholics Anonymous (AA) program. It originated from Saddleback Church in Lake Forest, Calif., which is pastored by Rick Warren. Warren and John Baker founded the program in 1991. Since that time, more than 27,000 churches have offered the program and more than 2 million individuals have completed it.

Several years ago, Cele-

See **CELEBRATE**/Page 12



What's your burden?

Local tax rates being set; property owners poised to pay less than statewide average

Pieces of the local property tax puzzle are coming together for 2015 tax bills, and the average county homeowner will likely be paying about \$618 in real estate taxes. City property owners will pay an additional \$167. Those amounts include the state's tax on real property and are based on the county's \$74,900 average home value.

Tax rates already approved in the county have remained steady. save a penny decrease in the City of Marion's levy on real property. However, the tax burden for individual property owners could be more or less compared to last year based on fluctuations in property value.

City and county tax bills will likely be mailed out within the next three weeks.

Based on 2014 property tax rates, all property owners in Crittenden County are paying considerably lower property tax rates than the average Kentuckian.

Combined county levies on real property – general, Extension service, library and health based on last year's rates are 7 cents per \$100 of assessed value lower than the county average in Kentucky. School rates are almost 13 cents lower than the average. Meantime, the city's rate is virtually identical to the average of the state's more than 400

Based on a \$100,000 assessment, that's \$200 less than the average Kentucky homeowner. It's \$100 lower for home with a \$50,000 value, and \$500 lower

for those assessed at \$250,000.

Those figures do not include special taxes for those living in the Lower Tradewater River Floodplain or a levy for timberland fire protection. They also exclude \$30 fire dues that will appear on the tax bills for property outside the City of Marion.

Marion City Council on Monday approved its 2015 tax rates. Already, Crittenden Fiscal Court and the state have set their rates identical to last year's, and Crittenden County Public Library's tax levy, because of the statute under which the library was created, remains steady each year.

Yet to set their property tax rates for 2015 are the school board, Extension service and

See TAXES/Page 4

Jankowski

City OKs list of street repairs

The needs are many. The resources are few. On Monday, Marion City Council approved a short list of streets in need of repairs that should see fixes before the end of the year. Instead of resurfacing entire streets, however, council members opted to essentially spot-repair the worst problem areas.

Across the 39 miles of city-maintained streets, there are several fixes needed, but once a \$31,000-plus contract is awarded in the coming weeks to have the entire lengths of Leland Avenue and Leland Court resurfaced, the city is left with around \$70,000 to lay additional pavement this year. A mile of fresh pavement is

See **STREETS**/Page 16



Eighteen state inmates at Crittenden County Detention Center have graduated from a course that provides them the opportunity to learn valuable information designed to enable them to have a successful re-entry into society. Pictured above are (from left) 5th Judicial Circuit Judge Rene Williams, program graduates April McKinzie and **Emily Tucker and Deputy Jailer Krystal Brantley.** Not pictured are inmates Ariel Tinsley and Erika Hayes, who earlier graduated from the program and were granted released.

Local jail offering willing prisoners re-entry program

By JASON TRAVIS STAFF WRITER

Graduation marks an important transition

regardless of the location of the ceremony. Last week, 14 state inmates housed at Crittenden County Detention Center graduated from a six-month course that provides valuable information designed to enable them to have a successful re-entry into society. The relatively new, 19-part program is called Portals New Di-

See **RE-ENTRY**/Page 16

Marion makes Big Leagues with former Bobcat Jankowski

In some small fashion, Marion, Ky., went to the Big Leagues Friday night.

The ultimate beneficiary of the "call up" was Travis Jankowski, who started in center field for the San Diego Padres, but, in some small, selfish manner, a minor benefactor in his Big League promotion was our humble little hamlet and its former baseball club.

To thank for our cameo part in this MLB story are Gordon Guess and his beloved - yet, now defunct -Marion Bobcats.

Guess, who owned and



baseball man. His passion for the game helped spawn a summer collegiate team in Marion for six years from 2008 to 2013. Jankowski was one of its finest stars, although for a very brief peished his freshman season at Stony Brook (N.Y.) University

when the Marion Bobcats got a tip about a young kid who was fast as lightning and played a pretty good center field.

"But they said he couldn't hit," Guess recalled with a chuckle early this week, recounting a conversation that Bobcats coach Steve Fowler had with Jankowski's college skipper.

Of course, Jankowski proved that summation to be terribly wrong.

After hitting .262 as a college freshman, he came of age at the plate while playing in Marion. Here, he led

the Ohio Valley Collegiate Baseball League with a stellar .484 average and stole 45 bases. This was a wooden bat league, which allows big league scouts to see what batters can do without high perform-

ance sticks. Additionally, no one in this league could throw him out, recalled observers of those days when the Bobcats

played at Marion-Crittenden

named for Mr. Guess.

Guess recalls talking hitting with Jankowski during the drive to Marion after picking up the young ball player at Nashville International Airport. Jankowski had flown in from his home in Pennsylvania to be part of the Bobcats' third season. No one knew the impact he might have or the future that lie ahead for this tall, lanky outfielder.

"He's certainly figured it out," Guess said, pointing to Jankowski's first few days in

See BASEBALL/Page 2





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The next Crittenden County Food Bank distribution day is Friday Distribution is from 8 a.m. until supplies are exhausted • 402 N. Walker St., Marion



8 million Boomers hungry

More than 8 million Baby Boomers are turning to charitable food assistance like those in Crittenden County to make ends meet, according to a new report released last month by Feeding America made possible by a grant from AARP Foundation.

"Baby Boomers and Beyond: Facing Hunger After 50" documents lack of employment, housing instability, poor health and unpaid medical bills are among the top challenges facing this age group, most of whom are not age eligible for federal support programs like Social Security and Medicare.

"Our network serves 13 million older adults and we expect that number to rise," said Matt Knott, president of Feeding America. "Every day for the next 15 years, 10,000 people will turn 65. This is absolutely the right time to be taking a hard look at the data to determine the chal-

lenges our mature clients face."

The report was produced by Feeding America with help from an AARP Foundation grant. It is based on data collected for Feeding America's Hunger in America 2014 report, the largest study of charitable food assistance in the U.S. More than 60,000 clients confidentially answered questions about their personal and household circumstances for the study. Feeding America is a network of 200 food banks that provide food and groceries to 46 million Americans annually.

"Hunger is an invisible problem that millions of older Americans battle silently every day. We have found that the "youngest old" - people 50 to 59 - tend to suffer the most, often having to skimp on meals or skip them altogether because they can't afford them," said AARP Foundation President Lisa Marsh Ryerson. "Feeding America's boomer-focused research reinforces our earlier research on this hidden and very serious problem, and intensifies our commitment to address it."

The data provide comprehensive profiles of older adults ages 50 and above and their households.

Pre-seniors age 50 to 64 are particularly vulnerable to hardship and are more likely than their older peers to describe their own health as fair to poor (59%); have unpaid medical or hospital bills (58%); live in a household experiencing poverty (72%); and live in a household that is food insecure – defined by the USDA as the state of being without reliable access to a sufficient quantity of affordable, nutritious food (86%)

Of further concern, preseniors are struggling to find and keep jobs in a slowly recovering job market and many of the pre-seniors who are working do not earn enough to get by. While it is expected that individuals exit the workforce as they age, nearly two-thirds of pre-seniors had not been employed in the past year, with most citing poor health or disability as the reason.

The report also examined multigenerational households, specifically households with at least one older adult and at least one grandchild. Among these households, 77 percent live at or below the federal poverty line.

Crittenden Locally, County Food Bank offers a variety of groceries at no charge to residents in need. The food bank at the former county health department on North Walker Street in Marion will be hosting its August giveaway this Friday beginning at 8 a.m. and continuing until supplies are exhausted. Giveaways are at the same time and location the fourth Friday of every month.

SENIOR CENTER MENU

Crittenden County Senior Citizens Center is open weekdays 8 a.m. to 4 p.m. Lunch is served at 11:30 a.m. each day and is \$3 for those 60 and older or \$5 for those under 60. Milk, coffee or tea are available each day. Reservations are requested. All menu items are subject to change based on availabil-

Every day, the center at 210 N. Walker St. in Marion offers billiards, card games, Wii games and the use of exercise equipment. Call the center at (270) 965-5229 for further infor-

Upcoming activities and menu include:

- Today: Bible study begins at 10 a.m. A health fair runs from 9 to 11 a.m. Menu is baked chicken, cornbread dressing, chicken gravy, green beans, Mandarin oranges and wheat

Friday: Bingo begins at 10:30 a.m. Menu is franks and kraut, mashed potatoes, black-eyed peas, cornbread and fruit cobbler. Cake will be served in observance of all August

Fellowship dinner 5 p.m. Sept. 10

A \$5 donation is requested to take part in the meal. An entree will be provided and side dishes are requested.

> Entertainment will be provided

birthdays.

Monday: Ladies Exercise with Full Body Fitness Studio begins at 9:45 a.m. Menu is barbecue chicken, corn salad, mashed potatoes, whole wheat roll and tropical fruit cup.

- Tuesday: Menu is meatballs and gravy, stewed potatoes, buttered squash, dreamsicle gelatin and wheat bread slice.

- Wednesday: Menu is Southwest pork, mashed sweet potatoes, green beans, cornbread and chocolate pudding.

Next Thursday: Menu is ham and bean soup. pickled beets, macaroni and cheese, cornbread and Mandarin oranges.

Cooking for one difficult, but there are ways to be efficient

Seniors face many changes as they move into their golden years. Downsizing living spaces and vehicles is common, as is implementing certain changes to improve quality of life. Many seniors also scale back in the kitchen, where some must make

changes because of medical conditions. While it seems like reducing food portions would be easy, those used to prepping meals for a large family may find it difficult. The following tips can make meal preparation efficient and cost-effective.

- Divide and store. Super-

markets are increasingly offering larger packages of food products as well as "family size" offerings to compete with warehouse clubs. Buying in bulk can help individuals save money, but it may not always be practical for people living alone or with just a spouse. If you must buy in bulk, invest in a food vacuum sealer or freezer storage bags. Immediately separate meats and poultry into smaller portions before storing them in the freezer.

- Plan meals with similar ingredients. To reduce food waste, use leftovers to create casseroles or mix them in

with new meals. The fewer ingredients you have to buy, the smaller the risk of spoilage.

- Cut recipes in half. Recipes can be cut down depending on how many mouths need to be fed. When baking, cutting back on proportions of ingredients can be challenging. Search online for recipe-scaling programs that can make the work easier.

- Cook on the weekend. Use a weekend day to prepare food and package it into small containers in the refrigerator or freezer. Then the containers can be taken out as needed and heated quickly in the microwave for fast meals.

FOOD

Continued from Page 1

spokesperson for the Academy of Nutrition and Dietetics, as they age, men and women need more protein in their diets to maintain their muscle mass. Look for lean sources of protein from fish and poultry. Beans are also a low-fat source of protein.

More fiber

80TH

from high school.

in the next election.

worker's income.

Eating more fiber can help with digestive and intestinal problems, such as constipation, which can occur when fiber intake is not enough, coupled with a more sedentary lifestyle. The best way to get fiber is through diet. Leave the skins on fruit and vegetables and choose whole fruits over juices. Whole-grain breads and cereals also are good sources. Dry beans and lentils can add a fiber boost. Increase fiber slowly to determine your tolerance.

Continued from Page 1

Watkins would like to see the college benefit rein-

stated. She predicts candidates' views on the future of

Social Security will be critical

is to calculate benefits by av-

eraging fewer years of a

benefit those who are unem-

ployed for a time, or must

take time off for family care-

giving - and those zero-in-

come years affect their

provide that adjustment

that allows for family care, for those economic downturns when people are out of the workforce for no fault of

their own," she explains.

On average, Kentucky re-

tirees receive nearly \$1,200 a month from Social Secu-

"Changing that from 35 years to 30 years would just

benefits later in life.

Another potential change

Watkins says that would

PACS SENIOR GAMES

The Hopkinsville Division of Parks and Recreation will be hosting the annual Pennyrile Games, Sept. 14-16. Competition is open to any senior who will be 50 or older by the start of the

Age divisions - 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89 and 90 and up - may be combined if an age group has less than

The deadline to register is Sept. 4. Registration forms may be picked up at the Crittenden County Senior Citizens Center on North Walker Street in Marion.

Transportation to from event sites and the banquet will be provided by Pennyrile Allied Community Services. Call (270) 965-5229 before noon Tuesday to reserve your ride.

Fewer calories

The National Institute on Aging says women over the age of 50 need between 1,600 and 2,000 calories, depending on how physically active they are. Meantime, men need between 2,000 and 2,400 calories per day. With each passing year, there is a decrease in the energy required to maintain body weight, so caloric intake should be adjusted accordingly, say health experts.

More water

As a person ages, his or her body may not signal it is thirsty as well as it once did, so it's possible that you may not recognize when you are thirsty or dehydrated. The Mayo Clinic recommends around nine to 10 cups of beverages per day.

A periodic review of your prescriptions teaming up with the UK Extension Service in is always a healthy habit. Stop by either **Livingston County to provide** of our locations and allow a pharmacist to free information about review your current medications. Alzheimer's Care, c. 1, Dec. 8 & Dec. 15 Salem Office. **Delivery Available Most Insurance Plans Accepted Independently Owned & Operated** Glenn's Apothecary **Family Practice Clinic Building** Marion, Kentucky • (270) 965-4101 8:30 a.m. - 5:30 p.m. M-F • 8:30 a.m. - 1:30 p.m. Sat. Glenn's Prescription Center Salem, Kentucky • (270) 988-3226 8:30 a.m. - 5:30 p.m. M-F • 8:30 a.m. - 1:30 p.m. Sat.

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- hearing aid discounts through our participation in their insurance network.



Marion Office Open House - Sept. 23 Space is limited, call today for an appointment.



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Letters to the Editor

P.O. Box 191, Marion, KY 42064

County continuing forward with road work

vide the following update on your county government and the many activities that we have ongoing. It is my intention that through these periodic updates, I provide you an opportunity to have a clearer understanding of what we are doing to help maintain, improve and support the many facets of your local government.

As always, if you have questions or concerns, my door is always open, and I will do my best to answer any question or address any concern as will any member of your fiscal court.

As we move toward the end of summer, you may encounter several activities on our county roads. Many of those activities involve a great deal of equipment being used or moved on any of our roads at any given time. We are mowing our rights-of-way, patching roads, preparing roads for asphalt work and chip seal, putting in drainage tiles, digging out persistent soft spots which cause the pavement to heave and allow mud to rise toward the road surface and applying herbicides to various noxious weeds along our rights-of-way.

I ask that you be cautious while traveling our county roads during this busy time of year and be thoughtful of these work zones and the men in them for your safety as well as that of our road

Road department upgrades

If you have been reading The Crittenden Press articles that cover our fiscal court meetings, you may have noticed that we have made several upgrades in equipment



at our road department this summer. These upgrades are an effort to allow our road department to better serve the maintenance needs of our county road system and replace some of the aged equipment that was beginning to present numerous and costly maintenance is-

We have also increased our workforce with highly competent and qualified individuals who bring various skills to the department that provide the opportunity for our road department to better serve our county. In regard to our road department staff, I would like to thank them for the fantastic job they do on a daily basis. They struggled through a harsh winter with several large snow events, and this summer, we have been plagued by numerous heavy rains that continue to damage roads that have, in many instances, been repaired several times.

The road crew is responsible for maintaining over 368 miles of road and does a remarkable job with the limited resources that are available.

Road work on horizon

I hope that in the next couple months we will see some much-needed asphalt work completed on several of our county roads. As well as the asphalt work, we will be

replacing the last remaining wooden bridge that I am aware of in our county. The bridge spans Caney Fork in the northeastern portion of Crittenden County on White Road. The bridge had been reduced to a 3-ton weight limit that completely removes the ability to cross the bridge with any of our emergency response equipment as well as the numerous pieces of agricultural equipment that make use of that road. It is my hope that this work can be completed prior to the onset of winter weather.

Courthouse accessibility

Moving to other county business, I would like to comment on the recent issues that we have experienced with equipment at our courthouse.

As most of you are aware. our courthouse is not the most accessible facility in the community. In order for anyone to visit any office within the four walls that comprise our courthouse, one must either go up or down a set of stairs. Obviously, this problem was a major oversight by the engineers who designed our courthouse and the fiscal court members who were in office at the time of construction. Therefore, we have found ourselves relying on the use of a chairlift to provide accessibility for those with various degrees of mobility problems; including one of our own magistrates, Curt Buntin.

Several weeks ago, the chairlift was rendered inoperable due to a switch malfunction. Once the switch was replaced and the first test run of the chairlift began, the cable that moves the lift broke, and again, the chairlift was inoperable.

The problem with making repairs to the chairlift is that the parts have to be made as needed by the manufacturer, which is located in Canada. After many weeks of waiting on parts, we finally have a like-new unit once again that is able to

service the Your fiscal court many cus-Crittenden Fiscal Court nortomers we mally meets at 8:30 a.m. the have on a third Thursday of each month. daily basis Meetings are held in Judge-Exwho rely on ecutive Perry Newcom's courtthe use of the house office. chairlift for The judge-executive's office accessibility to the courtis open weekdays from 8 a.m. to house. The 4:30 p.m. except on holidays. The cable that opoffice can be reached at (270)

chairlift is rated for a life expectancy of 20 years, and the lift was installed just over 19 years ago. Now that we have a new cable, I am told that we should be fine until sometime in 2034.

965-5251.

erates the

During the outage period, we had several instances when individuals could not renew drivers licenses, could not access the courtroom for various court proceedings and could not pay taxes or renew licenses for their vehicles without employees of the various offices coming to the entry doors to provide services as they could. I want to thank our EMS for offering to provide lift assist for those who had to have access, and I also want to thank the sheriff, county clerk, circuit clerk and PVA offices for doing everything they could to accommodate people during the time our chairlift was out of service. I also want to thank the City of Marion for allowing the fiscal court to hold our meetings in their

council chambers.

Although the chairlift is now repaired and operating without trouble, it does not ultimately solve the overall problem. We still have a courthouse that is not ADA (Americans with Disabilities Act) compliant, and the rest-

room facilities cannot be accessed at all by anyone utilizing a wheelchair.

I am proud that we have a group that is working to resolve this problem. Supreme Court Justice Bill Cunning-

ham, Sen. Dorsey Ridley, Rep. Lynn Bechler, Circuit Judge Rene Williams, Family Court Judge Brandi Rogers, District Court Judge Daniel Heady, Commonwealth Attorney Zac Greenwell, County Attorney Rebecca Johnson, Circuit Clerk Melissa Guill, several members of the Administrative Office of the Courts and myself are researching several options to address the many issues our courthouse presents on a daily basis to those we serve. I will try to keep you all aware of the effort and any progress that may be made during the next several months to alleviate some of the accessibility problems.

Important election

As we are all aware, we will be making a very important decision in the near future regarding the leadership of our great Commonwealth for at least the next four years. I encourage all of you to take time to research each candidate and understand the issues that face our state and the issues that face each office for which we will be electing candidates to fill.

I know that some of the candidates running for various offices have already been in Marion to discuss their plans, if elected, for their respective offices. I also know that there will be more candidates coming in the near future. I hope everyone will attempt to meet and talk to all the candidates and question them about the issues that are important to each

Careful driving

Finally, I want to encourage everyone to be cautious when traveling our county roads during the early morning hours and also mid-afternoon hours. Many of our roads are narrow with numerous blind hills and curves making it difficult to see oncoming traffic. Our school bus drivers have a great responsibility for the safety of the children of our county, and your attentiveness during the school year will help ensure the utmost safety for everyone.

In closing, I want to thank vou for your continued support. I also thank you for providing me the opportunity to serve our community as your judge-executive. As always, my door will remain open, and I look forward to visiting with anyone who may need a moment or more

(Perry Newcom was elected judge-executive of Crittenden County in 2010. His column appears periodically in this newspaper. He can be reached at (270) 965-

District launches successful school year

Crittenden County Schools has successfully launched the new school year! Each school has made commitments to develop a positive school culture that staff and our 1,380 students (including preschool) want to embrace. We are grateful for the parent support and community partnerships as we strive to develop a school system that is responsive, supportive and based on a culture of teamwork.

CCES is rolling out new technology and programs to engage students in learning activities. The Watch DOGS continue to be a strong component of that positive cul-

CCMS, along with 10 other western Kentucky middle schools, is implementing the Leader in Me program



that incorporates the "Seven Habits of Highly Effective People" by Stephen Covey. This system integrates the social and emotional needs of students around the academic components.

CCHS is generating momentum by increasing the amount of student recognition and rewards while empowering students to meet College- and Career-Readiness goals. One component involves increased participa-

tion in dual credit opportunities by offering partial scholarships for students taking dual credit courses at the high school. This will allow students to enter college with post-secondary credits after graduating high American Fidelity Insur-

ance, Coca-Cola and Shopko are partners with our district to provide these opportunities. If any business or community partner is interested in contributing to this initiative, please give me, Instructional Supervisor Diana Lusby or Finance Officer Diane Winters a call at central office at (270) 965-3525.

We are focused on engaging and empowering our students to be innovative thinkers, creative problemsolvers, effective communicators and team members. Our teachers and staff are committed to our children's success. They do amazing work during the school day, but also sponsor extra- and co-curricular programs after school so our students have opportunities to showcase their special talents.

I am proud of our school district's commitment to developing the whole student which engages children during and after the school day.

It's going to be an exciting year.

(Vince Clark is in his second year as superintendent of Crittenden County Schools. He lives in Crittenden County and has been with the school district as a teacher and administrator since 1991. He can be reached at (270) 965-

The Crittenden Press

USPS 138-260

The-Press.com | ThePress@The-Press.com | 270.965.3191

The Crittenden Press Inc. management and staff PublisherChris Evans EditorDaryl K. Tabor ReporterJason Travis Advertising managerAllison Evans Graphic designBrian R. Hunt Operations manager Alaina Barnes

The Crittenden Press (USPS 138-260) is published weekly by The Crittenden Press Inc., P.O. Box 191, 125 E. Bellville St., Marion, KY 42064. Periodicals postage paid at Marion, Ky., and at additional mailing offices. Subscriptions are \$32 to \$55 per year. POSTMASTER: Send address changes to The Crittenden Press, P.O. Box 191, Marion, KY 42064.

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Disaster not avoidable,

Ten years from now, the newspaper you put in the trash today will still be readable in the landfill that was its final destination. Newsprint is a renewable resource. Recycling bins are located at the county's convenience center on U.S. 60 east of Marion.



LETTERS TO THE EDITOR

The Press letters policy

before publication. Submissions must include only the author's name, address, phone number and signature. Phone numbers and addresses are required, but will not be

Letters should be written in good taste and in most cases should not exceed 300 words or be submitted under the same name within 30 days of the last submission. The Crittenden Press reserves the right to reject or edit letters for clarity, brevity and otherwise at our discretion. Original submissions will not be returned.

Your letters to the editor may be brought into our office at 125 E. Bellville St. or sent to: Letters, P.O. Box 191, Marion, KY 42064-0191 or emailed to thepress@the-press.com.

Fair exhibited best of creativity, talent through local 4-H

To the editor

I had the opportunity to volunteer again this year at the 4-H exhibits on display at the Women's Club during the county fair, and if you didn't stop by, you missed seeing a great display of talent, imagination and creativity from those Crittenden County young people.

There were 35 exhibitors with 29 of those at the Woman's Club. Some had exhibits in more that one category and some going to state.

Thanks to Brandi Potter, Leslea Barnes and a group of volunteers who got everyone registered and displays set up. Leslea is doing a great job with the 4-H and was very busy during this time.

Everyone can help 4-H all year by saving aluminum and tin cans.

Margaret Gilland

Marion, Ky.

Friday night downpour at a South Fort Myers High School Wolfpack football game in southwest Florida turned out to be the nation's worst disaster. Katrina made covering football for the local newspaper on Aug. 26, 2005, a little messy, but in three days, it would obliterate the Gulf Coast of Louisiana and Mississippi.

Ten years ago, Katrina was the worst of what the busiest hurricane season on record would offer. It swamped the Big Easy, where most of the 1,833 Katrina-related deaths occurred; erased parts of Biloxi and Gulfport, Miss., popular vacation destinations for many Crittenden Countians; and destroyed the Ocean Springs, Miss., beach-style home of Tom and Marty McKenney of Marion. But Katrina's devastation wasn't confined to the Gulf Coast; its remnants flooded parts of western Kentucky and even claimed the life of a 10-year-old Hopkinsville girl.

It was the costliest disaster in U.S. history, totaling \$135 billion in losses. It exposed the ineptitude of government, particularly the City of New Orleans, the state of Louisiana and Washington, D.C. It also brought into question the logic of developing a city that sits below sea level and is surrounded by water.



Though damage was widespread across the Gulf Coast, New Orleans was rightfully the focal point of what went wrong. The government failed the people and the people failed themselves. Many living in poverty and the elderly who had no means to flee were left to fend for themselves and many perished. (Nearly half of the Louisiana victims were 74 or older.)

The government was not there for them, but worse, neither were their neighbors. The swollen bodies of victims floating for days in the streets is not something many ever imagined they would witness in America ... It's still not easy to take.

Such failings are not likely to happen here. We don't have much, but we can generally depend on each other.

Disaster may not be avoidable, but catastrophes after the fact can be.

(Daryl K. Tabor is editor of The Crittenden Press. His column appears in this newspaper periodically. He can be reached at (270) 965-3191 or thepress@the-press.com.)

BASEBALL

Continued from Page 1

the Big Leagues, hitting over .500 and earning all sorts of praise from baseball writers and broadcasters.

During a televised game Sunday against St. Louis, Cardinals' broadcaster and former Big League pitcher Rick Horton called Jankowski

"lightning in a bottle." Horton predicted that the 24-year-old will soon work his way into an every-day spot as the Padres' leadoff hitter. The Padres think he may, too. His call up to the Big Leagues has been characterized in the San Diego media as "an au-

dition for 2016." "He's a very humble guy,"

said Brian Hunt of Marion, who has kept in contact with Jankowski since he played in

Hunt; his father, Dave; son, Ethan; and a friend, Nick Castiller, traveled to

Nashville on Aug. 16 to watch Jankowski's El Paso, Texas, Triple-A team play the Sounds. Jankowski was hitting a robust .402 entering that game and was called up to the Majors a few days later.

He arrived in San Diego last Wednesday and got into the lineup Friday night, going 2-for-4 and getting singles in his first two Major League at bats.

Jankowski was like all of the other Bobcats when he played in Marion, living with a host family. In his case, it

Follow Jankowski

You're not likely to catch Travis Jankowski and the San

Diego Padres on TV this season, as the Padres are out of playoff contention and are not currently scheduled for any MLB broadcasts on locally-accessible cable or satellite channels. However, they do have 12 games remaining with playoff contenders and could be moved to broadcasts on FOX, ESPN or TBS through flex scheduling. Meantime, Jankowski can be found on Twitter @FreddyJ_6

was a local pastor. Jankowski bunked with Rev. Wayne Garvey at the Marion United Methodist Church parsonage. He was a typical 19year-old, said Garvey, whose sleeping schedule didn't really match up to a preacher's. "I'd be in bed when they

got home from games," Garvey said. Although their acquain-

tance was brief, Garvey said he was proud for Jankowski's success. So are the remnants of that Bobcats organization that poured a great deal of time and resources into a figurative ship passing in the night. The investment was worth it in this case. Who knows what might have happened to Travis Jankowski had he not spent a summer living with a preacher and playing baseball in Marion, Ky.

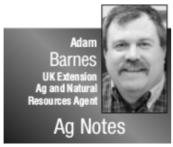
(Chris Evans is the publisher of The Crittenden Press. He can be reached at (270) 965-3191 or by e-mail at evans@the-press.com.)

Revitalize summer flower Livestock report gardens with some TCL

Summer's heat and dry weather can take a toll on your flower garden, but with a little extra care, it is possible to bring it back to life for a few more weeks of vibrant color and texture.

With both annuals and perennials, making sure they get plenty of water is always important, but even more so in late summer. Annuals, in particular, will start to decline without an adequate supply of water to keep the ground moist. The general rule of

thumb for watering your plants is 1 inch of water per week. Plants growing in pots may need water as often as every day throughout the summer, depending on the type of plant and the size of the container. Once the top few inches of container soil is dry, add enough water so that a little drains through the hole in



the bottom of the pot. If rain doesn't supply enough water, you'll want to apply the necessary water in one application rather than in several small applications. Remember, the best time to water your plants is in the morning or early evening, preferably before 7 p.m.

During periods of drought, many annuals such as Wave petunias may appear to die. However, if you cut them back, water them regularly and apply fertilizer, they will often recover.

Another thing you can do to help your summer

flower garden rebound is to remove spent, or old, flowers. This process is called deadheading. Deadheading helps encourage new growth that will produce new flowers.

Late summer is also the time to pull out the flowers that have seen their better days and plant new ones that are more suitable for fall. However, if you wait till the frost finishes off your summer garden, it will be too late to replant for fall.

Annual flowers that give a good show in the fall include pansies, ornamental cabbage and kale, and snapdragons. Perennials, such as anemones, asters and showy sedums, also give a good show in the fall but need to be planted the previous spring to provide their best show.

As you renovate your summer garden, be careful when applying fertilizer around perennial plants.

Fertilizer applied after August may stimulate new growth at a time when the plants would normally begin to prepare for dormancy. And that can mean more winter injury.

Aug. 25, 2015

3 500-550 517 231.00-236.00 232.74

30 550-600 575 223.00-232.00 225.13

7 400-450 424 204.00-232.50 218.44

Head Wt.Range Avg.Wt Price Range Avg.Price

14 350-400 391 263.00-279.00 272.76

2 450-500 482 210.00 210.00

1 500-550 500 190.00 190.00

1 300-350 335 272.50 272.50

1 700-750 720 172.00

4 400-450 434 240.00

1 800-850 830 140.00 140.00 Feeder Bulls Medium and Large 2-3

Head Wt Range Avg Wt Price Range Avg Price

240.00

4 300-350 332 240.00-250.00 242.37 1 350-400 365 217.50 217.50

7 450-500 473 215.00-230.00 223.00

2 500-550 528 207.50-214.00 210.86 1 550-600 580 195.00 195.00

6 600-650 628 180.00-190.00 185.63

1 650-700 670 184.00 184.00

Feeder Bulls Medium and Large 1-2

Of course, all of this may be moot if you haven't carefully tended your summer garden throughout the growing season. If you've kept your garden well watered and periodically added fertilizer, your chances for a late summer and fall show of color are

For more information on late summer and fall gardening, contact the Livingston County Cooperative Extension Service at (270) 928-2168.

(Editor's note: Adam Barnes is a resident of Crittenden County near Tolu. He is the agriculture agent for the University of Kentucky Livingston County Cooperative Extension Service in Smithland.)



1 850-900 860 126.00

1 800-1200 1110 92.00 92.00 LD 9 1200-1600 1380 94.00-103.00 96.33

3 1200-1600 1352 92.00 92.00 LD Head Wt Range Avg Wt Price Range Avg Price

1 800-1200 1190 90.00 2 1200-1600 1295 95.00 1 1200-1600 1200 111.00 111.00 HD

90.00 LD 1 1600-2000 1705 87.00 87.00 LD Slaughter Cows Lean 85-90% Head Wt Range Avg Wt Price Range Avg Price

800-1200 1185 105.00 105.00 HD 3 1200-1600 1335 95.00-97.00 96.05 1 1200-1600 1275 107.00 107.00 HD

90.00 1 1600-2000 1695 90.00 Head Wt Range Avg Wt Price Range Avg Price

1 1000-1500 1470 115.00 115.00 LD 7 1500-3000 1784 122.00-128.00 126.35 Bred Cows Medium & Large 1-2 Middle-Aged Head Wt Range Avg Wt Price Range Avg Price

1 800-1200 1000 1825.00 1825.00 7-9 Months bred Bred Cows Medium and Large 1-2 Aged Head Wt Range Avg Wt Price Range Avg Price 1 1200-1600 1225 1350.00 1350.00

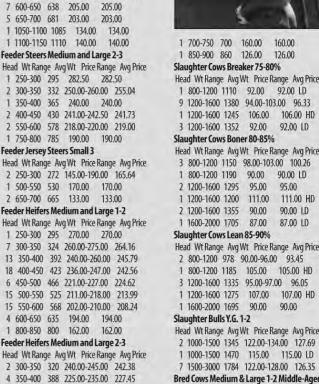
7-9 Months bred Stock Cows and Calves: Cow 7 years old with baby calf at side 2300.00. Baby Calves: Beef Breeds 450.00 per head. Dairy

Legend: VA-Value added. LD-Low dressing. HD-High dressing. BX-Brahman X.

Chip Stewart, market specialist

Source: Kentucky Department of Agriculture,

This report reflects price of majority of cattle with a USDA grade, weight and sex on sale date. This report



400-450 424 252.50-259.00 257.91 8 450-500 457 234.00-246.00 242.31 10 500-550 513 216.00-228.00 222.36 3 550-600 556 213.00-220.00 217.67 6 600-650 611 194.00-204.00 199.16 1 650-700 655 190.00 190.00 172.00

Jodee Inman, OIC (502) 782-4139

USDA Market News, Frankfort, Ky. www.ams.usda.gov/mnreports/SV_LS166.txt

does not represent all animals at sale.



Results of the 2015 4-H Country Ham Contest have been announced. The contest was held last week in conjunction with the Kentucky State Fair. Crittenden County youth placing in the contest include Mauri Collins, tirst place 2000 Country Ham Speech, tirst place overall 2000 age division and Senior Division Champion in Smoked Ham; Emmalea Barnes, second place 1999 Country Ham Speech; second place 1999 Smoked Ham, second place overall 1999 age division; Landen Crider, third place 2003 Smoked Ham and Morgan Barnes, third place 2002 Smoked Ham. Shown above are (front from left) Anzie Gobin, Landen Crider and Maegan Potter; (back row) Emmalea Barnes, McKenzi Zahrte, Morgan Barnes and Mauri Collins.

Local youth shine at Kentucky State Fair

There's nothing like receiving recognition for a job well done. That's what local youths in Crittenden County experienced while attending the Kentucky State Fair held earlier this month in Louisville.

The following youths were recognized as recipients of blue ribbons, class champions or reserve grand champion winners at the Kentucky State Fair:

-Brennan Jones: Level 2, My Community, single photograph, blue ribbon.

-Emily Combs: Senior Color Drawing, blue ribbon; Senior Black and White Drawing, blue ribbon; Level 1, sequence of three photographs, personal interest, blue ribbon; Level 1, single photograph, still life, blue ribbon.

-Emmalea Barnes: Senior 4-H Cake Decorating, blue ribbon, class champion; Senior General Cake Decorating, blue ribbon, class champion; Senior General Cup Cake Decorating, blue ribbon; Senior

Folk Art, blue ribbon; Horticultural Class, single black and white photograph, blue ribbon; Horticultural Class, single color photograph, blue ribbon; Horticulture Collection. blue ribbon; Item of Crewel Embroidery, blue ribbon, class champion.

-Hailey McCann: Level A, Three Brownies, blue ribbon, class champion; Unit I, Wastebasket, blue ribbon.

-Maegan Potter: Junior Nature Crafts, blue ribbon; Junior Paper Crafts, blue ribbon; Let's Learn to Sew Unit I - Clothing Option, blue ribbon.

-Mauri Collins: Annual Container Gardens, blue ribbon; House Plants, blue ribbons; Hanging Baskets, blue ribbon; Upcycle Container Garden, blue ribbon; Senior Scrapbooking, blue ribbon, Class champion; Level D, One whole, double crust apple pie, blue ribbon; Level D, Catered Dish, blue ribbon, Class champion; Senior Di-

Communication vision. Scrapbook Display, blue ribbon, Class champion; Senior Division, Resume, blue ribbon, Class champion, Reserve Grand Champion; Senior Upcycling Project, blue ribbon, Class champion, Reserve Grand Champion.

-Megan Sherrell: Dish Garden, blue ribbon; Unit III, Piece of furniture refinished, blue ribbon.

-Morgan Barnes: Junior Upcycling Project, blue ribbon; Junior 4-H Cup Cake Decorating, blue ribbon; Horticultural Class, Sequence of 4 photographs, blue ribbon.

-Mya Moore: Junior Duct Tape Project, blue rib-

-Taylor Belt: Level Single photograph, person, blue ribbon.

-Tessa Potter: Junior Ceramics, blue ribbon; Level 1, Single photograph, personal interest, blue ribbon; Level 1, Five photographs of an event, blue ribbon; Unit I, Simple, cloth item

for the home, blue ribbon. -Hannah J. Bell: Junior

4-H Cake Decorating, blue ribbon; Junior General Cake Decorating, blue ribbon, Class champion; Junior General Cup Cake Decorating, blue ribbon, Class champion; Terrari-

ums, blue ribbon. Other exhibitors were Anzie Gobin and Mckenzi Zahrte.

Crittenden County 4-H Agent Leslea Barnes praised local youths for their hard work and dedication on each of their exhibits.

"I am so proud of all the youth who have entries in the state fair. I know they have put a lot of hard work into their entries and were all very excited to go to the State Fair to see how well they placed," Barnes said. "We have a lot of talented kids in the county and the fair-county and state-is a great opportunity for youth to showcase what they have learned and be rewarded for their efforts.'

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CRITTENDEN CO, KY - 55 ACRES - \$105,703 - Potential, Potential, Potential is the definition of this tract! The farm has excellent bones and all the right ingredients for a small tract.

CRITTENDEN CO, KY - 181 ACRES - \$270,595 - All wooded tract in a Trophy Whitetail area. Access down an old county road with no public road frontage makes this farm private and

CRITTENDEN CO, KY - 128 ACRES - \$205.755 - This farm boasts excellent privacy and security, in addition to some excellent hunting. A mostly timber tract with a combination of mature timber and young timber.

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CRITTENDEN CO, KY - 135 ACRES - \$244,900 - Outstanding habitat in a premier whitetail county. A well maintained 3 bed, 2 bath trailer provides more than ample living quarters with a 20 x 24 outbuilding for storage of all your hunting gear.

CALDWELL CO. KY - 100 ACRES - \$139,500 - This property is mostly wooded with we he reeks, dense cover and plenty of native browse for high plain of nutrition.

CALDWELL CO, KY - 221 ACRES - \$253,903.75 - This is one of those properties that many overlook, but, in reality it has the bare bone potential to become a premier hunting prop-

CALDWELL CO, KY - 261 ACRES - \$337,995 - A fantastic hunting farm in proven Big to the with a mixture of timber and outstanding habitat.

LIVINGSTON CO, KY - 59 ACRES - \$259,900 - This beautiful property offers 3 ponds for wildlife along with a nice mobile home for a permanent dwelling or lodge.

LIVINGSTON CO, KY - 73.5 ACRES - \$125,900 - The only little patch of woods in the lake it a deer magnet. It produces a large amount of cover and holds deer.



USDA encourages risk protection Val Dolcini. "We remind federal crop insurance pro-

Producers are encouraged to examine the available U.S. Department of Agriculture (USDA) crop risk protection options, including federal crop insurance and Noninsured Crop Disaster Assistance Program (NAP) coverage, before the sales deadline for fall crops.

"Deadlines are quickly approaching to purchase coverage for fall-seeded crops," said Farm Service Agency (FSA) Administrator producers that crops not covered by insurance may be eligible for the Noninsured Crop Disaster Assistance Program. The 2014 Farm Bill expanded NAP to include higher levels of protection.

Federal crop insurance covers crop losses from natural adversities such as drought, hail and excessive moisture.

NAP covers losses from natural disasters on crops

for which no permanent

gram is available, including forage and grazing crops, fruits, vegetables, mushrooms, floriculture, ornamental nursery, aquaculture, turf grass, ginseng, honey, syrup, bioenergy, and industrial Deadlines for coverage

vary by state and crop. To learn more about NAP visit FSA.USDA.gov/nap. For more information, contact the local FSA office in Salem at (270) 988-2180.

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Child porn charges plaguing Ky.

Last week, former Subway spokesman Jared Fogle pleaded guilty in an Indianapolis courtroom to paying for sex acts with minors and receiving child pornography. The news put a national spotlight on an issue that affects virtually every community in the country - sex offenses.

Just two weeks ago, a former Crittenden County man pleaded guilty in circuit court to raping and sodomizing a youth under 12 years old. But the more widespread problem in Kentucky is the thousands across the state who are downloading and distributing sexually explicit materials involving children.

We are constantly monitoring the Internet looking for subjects distributing and downloading (child pornography)," said Lt. Jeremy Murrell, with the Kentucky State Police's Electronic Crimes Branch.

Established in 1999 to combat cyber crimes, the Electronic Crimes Branch has been investigating child

People who possess and/or distribute child pornography don't fit

"While the perpetrators of these crimes are predominately male, that is not always the case," Murrell, said. "Some (suspects) are single, but many have families. We have arrested suspects that are unemployed, as well as doctors, dentists and other successful business executives."

"There are thousands of people in our state that download and distribute (child pornography)" on a daily basis, Murrell said. "Because there are so many variables, I cannot definitively state if that number is grow-

"I don't know how large or small the demand was before the Internet,' he said. "It was certainly more difficult to obtain. Before the Internet. pictures were traded hand to hand or through the mail."

Authorities may not be able to

loading or distributing child porn, but the KSP Electronics Crime Branch can say with surety that their agency is making more arrests.

To date in 2015, 34 people have been arrested by the electronics crime branch statewide on various charges related to child pornography, according to Murrell. In all of 2014, 24 Kentucky residents were arrested by the agency, he said.

These numbers do not reflect the total arrests statewide, but only those made by the specialized KSP branch.

In addition to KSP, there is Kentucky's Cyber Crimes Unit, a function of the attorney general's office. Since its creation seven years ago, the unit has launched 433 child pornography investigations in the state with 131 convictions, executed 205 search warrants seized just under 700,000 child pornographic images and videos from 6,879 hard drives and other digital storage de-

KSP: Crittenden County currently home to 16 registered sex offenders

The Kentucky State Police (KSP) Sex Offender Registry can be accessed online at kspsor.state.ky.us and can be searched by name, street address, city, county, ZIP code and email

Currently, the registry shows 16 registered offenders in Crittenden County, all male. Six are incarcerated in Crittenden County Detention Center and one has failed to registered a change of address and is non-compliant. The remaining nine live on U.S. 60 East, U.S. 641, Ky. 1917, Ky. 838 West, Mattoon Loop, East Bellville, East Depot streets and Rochester and East Mound Park

According to information provided by the state Department of Corrections, statewide, a person who has been sentenced solely on possession of child pornography spends an average of one year and seven days in jail — post conviction.

The information in the database is primarily provided by the offender when they register with the Department of Corrections or the Division of Probation and Parole. This information is then forwarded to the state police for inclusion in the database. Offenders may have moved without notifying authorities, even though it is a violation of the law.

As such, the Kentucky State Police does not guarantee the accuracy of the information provided. The database is updated on a daily basis, except for weekends and state holidays.

You can search offender databases from other jurisdictions on the National Sex Offender Public Website at nsopw.gov.

For those sentenced only on distribution of child pornography, he/she spends an average of one year, two months and 26 days in prison after their conviction.

(Editor's note: The Henderson Gleaner contributed to this report.)

NEWS BRIEFS

Shopko celebrating teachers with sale

Shopko is celebrating educators this week by offering them a discount on school

Shopko's Teacher Appreciation Week features a special sale for teachers only. Teachers who visit the store through Saturday and show their teacher ID will enjoy a 10 percent discount on everything they need for a successful start to school. They can treat themselves to a new school wardrobe and clothes for the family, and stock up on supplies for their classroom and home.

Shopko in Marion is open weekdays and Saturdays from 8 a.m. to 10 p.m. and Sundays from 9 a.m. to 6 p.m.

Rosebud Curve to get better surface

One of the most dangerous stretches of highway in Crittenden County is about to get a little safer.

High-traction coating will be applied to the surface of U.S. 60 East on the curve at the top of Rosebud Hill near the intersection with Nunn Switch Road beginning today (Thursday) and continuing Friday. The area is about five miles west of the Crittenden-Union County

Traffic will be restricted to one lane during work. Due to the potential for delays in this work zone, commuters should consider a self-detour via Ky. 365 when traveling between Marion and Sturgis.

This section of U.S. 60 was chosen for the coating due to a high number of wet weather crashes at the site. The hightraction coating being installed will be similar to the coating installed on the Tradewater Bottoms Curve on U.S. 60 in Crittenden County at the lower end of Rosebud Hill at on the U.S. 641 curve at Coleman Road just south of Marion

Marion to host 2017 solar eclipse events

Marion has been selected as a host of the 2017 solar eclipse. Hopkinsville will be the epicenter of the Aug. 21, 2017, phenomenon, but astronomy guru Mark S. Williams has selected Marion as a community partner for hosting eclipse-related events at the local park.

Williams said people from all over the world – as many as 7,500 – can be expected at the local event. The Peoples Bank is sponsoring the early stages of planning and will host a community meeting with Williams at 2 p.m. on Sept. 15. Community partners are encouraged to attend.

"This can be a great economic boost for Marion and Crittenden County," read a news release from the bank.

Williams said it will take the full two years to plan the event. More information can be found online at SolarEclipse StarGeezer 2017.com or Astronomy.com.

To share thoughts or reserve a space at the meeting,

All tax rates shown are the same as 2014's. Rates are expressed as cents per \$100 of assessed value.

contact Melissa Agent at The Peoples Bank at (270) 965-3188 or MAgent@thepeoples bank-ky.com.

Rockets to honor military, responders

Crittenden County will host Caldwell County on Sept. 11 for a Rocket/Tiger Salute football game, honoring the area's military personnel and first responders, all of whom will get into the contest free. There will be a hospitality room and tent prior to the game for these individuals beginning at 5:30 p.m. They will be recognized at

In addition to recognition of military and first responders, Crittenden County schools are holding a contest to collect care items for the Hugs Project of Western Kentucky. The goal is to bring in items, including snacks, personal care items, and games for deployed soldiers. The classrooms collecting the most donations at each school will earn free admission to the Rocket/Tiger Salute game, as well as recognition at the game that evening.

Businesses are also encouraged to participate.

For more, contact Tiffanv Blazina at (270) 969-0773 or Tiffany.Blazina@ crittenden.kyschools.us.

Demo derby racing slated for Sept. 12

It's not a demolition derby, but it's pretty close. Crittenden County Lions Club will be hosting a variety of circle track racing Sept. 12 at the fairground in Marion. Demolition derby cars will be racing - and bumping – in the feature event of the evening, which begins at 7 p.m. The cost for spectators is only \$5, and the concession stand will be open.

Also racing will be fourcylinder "warrior" cars, stock cars and ATV/UTVs. Entry fees are only \$40. Entry details can be found at Facebook.com/ kenny.hardestyjr. For more information on entering the races, contact Kenny Hardesty Jr. at (270) 704-2818 or Tim Cosby at (270) 704-9241.

Shopko looking for Packers 'kickoff kid'

There are a lot of Green Bay Packers fans in Crittenden County, and as excitement builds for the start of another NFL season, Shopko is giving children across the country an opportunity to serve as the "kickoff kid" at Lambeau Field, home of the Packers.

Open to children ages 6-12, the "Kick-Off Kid Contest" sponsored by Shopko, which is based in Green Bay, will provide one lucky young fan per

Marion Police activity report

The following is a monthly activity report for Marion Police Department, reflecting information from July 2015. The data is provided by Police Chief Ray O'Neal.

CATEGORY JULY 2015
Miles driven/patrolled3,730
Criminal investigations16
Domestics12
Felony Arrests16
Misdemeanor arrests4
Non-criminal arrests9
DUI arrests4
Criminal summons served8
Traffic citations19
Traffic warnings13
Parking tickets0
Other citations46
Traffic accidents7
Security checks/alarms61
Calls for service363

Packers' home game during the 2015-16 season with a prize package that includes four free tickets and a once-in-a-lifetime experience of running onto the field to pick up the tee after the initial kick-off. To enter, go to Facebook.com/shopko and follow the instructions.

For the final home game of the regular season on Jan. 3, Shopko will select five winners, with each receiving four tickets to the game. Fans will be asked to vote on which young fan will be picked as the kick-off kid for that game - encouraging voters to rally around their hometown representative.

contest will run through Dec. 6, with winners being announced well in advance of each game.

State GOP decides on caucus for Paul

A relative handful of Kentucky Republicans voted Saturday to hold a presidential preference caucus next year, helping U.S. Sen. Rand Paul get around a state law prohibiting a candidate from appearing on the same ballot twice.

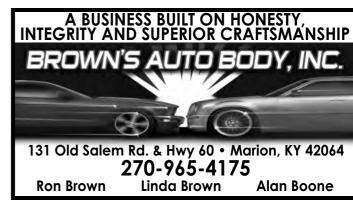
Approval of a caucus is conditional on whether Paul, who is running for President and reelection to his Senate seat, has transferred \$250,000 to an account controlled by the Republican Party of Kentucky before Sept. 18. If the money is not there, the party will automatically revert to a primary.

While there are almost 350 members of the state central committee, only 147 votes were cast. Paul's caucus won with 111 votes, even though only 98 were needed.

Now county chairmen and Republican officials will begin the hard work of organizing, staffing and publicizing next year's caucus, which will be held Saturday, March 5. Reportedly, all registered Republicans will be eligible to vote, with presidential delegates divvied up based on the popular vote. However, all caucus rules have not been set.

Crittenden County Republican Party will meet at 6:30 p.m. today (Thursday) at the





\$50,000 \$75,000 \$100,000 \$250,000 \$500,000 TAX RATES State 12.20 \$61.00 \$91.50 \$122.00 \$305.00 \$610.00 \$1,180.00 County[†] \$118.00 \$177.00 \$236.00 \$590.00 23.60 General fund 12.00 \$60.00 \$90.00 \$120.00 \$300.00 \$600.00 \$37.50 \$25.00 \$250.00 Library 5.00 \$50.00 \$125.00 Health 3.00 \$15.00 \$22.50 \$30.00 \$75.00 \$150.00 Extension' 3.60* \$18.00 \$27.00 \$36.00 \$90.00 \$180.00 \$2,390.00 School 47.80* \$239.00 \$358.50 \$478.00 \$1,195.00 SUBTOTAL[†] \$2,090,00 83.60 \$418.00 \$627.00 \$836.00 \$4,180.00 22.30 \$111.50 \$167.25 \$223.00 \$557.50 \$1,115.00 Marion

\$794.25

\$1,059.00

2015 tax burden in Crittenden County

Other property-related taxes

Lower Tradewater River Floodplain: 32.4 cents per \$100 of assessed value. Timberland fire protection: 2 cents per acre.

\$529.50

County fire dues: \$30 unless opted out.

105.90

Taxable real estate values

City of Marion taxable real estate: \$85.9 million. All Crittenden County taxable real estate: \$315.5 million. *Proposed rate. Needs approval. **2014 rate. No proposed rate available [†]Totals and subtotals may vary depending on rates yet approved

\$2,647.50

\$5,295.00

TAXES

TOTAL[†]

Continued from Page 1

health board. Both Crittenden County Board of Educa-

Public Health District Board have proposed keeping rates unchanged and will approve those levies in the coming weeks. No proposed rates from Crittenden County Exavailable at press time, but the board is scheduled to set







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Suicide awarenesss month designated

Nearly 3,000 people commit suicide in an average day, according to the World Health Organization.

To recognize the issue in today's society, September will be Suicide Prevention and Awareness for All Citizens and Military Personnel and Veterans Month in Crittenden County. On Monday, Judge-Executive Perry Newcom signed a proclamation alongside local veterans of various U.S. military branches declaring the month as such.

According to the proclamation, 90 percent of all people who take their own lives have a diagnosable and treatable mental health disorder, and 70 percent of those who are suicidal show warning signs visible to those around them on a daily basis. The proclamation also claims that for each person who commits suicide, 20 or more attempt to end their own lives.

The citizens of Crittenden County can help one another during these times of crisis by recognizing these signs and seeking the help of a health care provider for those persons expressing suicidal tendencies."

Information on the warning signs of suicide can be obtained locally from Crittenden County Health Department, Crittenden Health Systems and physi-



PHOTO BY DARYL K. TABOR, THE PRESS

September has been designated Suicide Prevention and Awareness for All Citizens and Military Personnel and Veterans Month in Crittenden County. On Monday, Crittenden County Judge-Executive Perry Newcom signed a proclamation alongside local veterans of various U.S. military branches declaring the month as such. Pictured above are former Marine and county magistrate Dan Wood; former Army soldier and Marion American Legion Post 111 Commander Jim Estes; Marion VFW Post 12022 Auxiliary President Nancy Lanham; Newcom, a Gulf War Air Force veteran; VFW Secretary Norma Hunt; and retired Navy Lt. Cmdr. Don Gatewood.

cians clinics.

"Suicide is a permanent solution to a temporary problem," it reads.

Notably, suicide rates are at an all-time high for veterans, both male and female, the proclamation continues.

Suicide awareness and particularly prevention,

among veterans, is very personal for Newcom. He is a Gulf War veteran of the U.S. Air Force. At Monday's signing, he was joined by former Army soldier and Marion American Legion Post 111 Commander Jim Estes, former Marine and county magistrate Dan Wood, former Navy Lt.

Cmdr. Don Gatewood and Marion VFW Post 12022 Auxiliary President Nancy Lanham and Secretary Norma Hunt.

"Suicide is not bound by age, gender, ethnicity, socioeconomic status, educaprofession geographical location," the proclamation reads.

Believers should not compromise or think Biblical truth is relative

By JOEY DURHAM GUEST COMMENTARY

Today, I want to bring this thought to your heart, "Manifesting the Scripture," and my text is in 2 Corinthians 4:1-2, where we read, "Therefore, seeing we have this ministry, as we have received mercy, we faint not; But have renounced the hidden things of dishonesty, not walking in craftiness, nor handling the word of God deceitfully; but by manifestation of the truth $commending \ our selves \ to$ every man's conscience in

the sight of God.' We live in a day when many erroneously feel that truth is relative. Compromising, modern worship and the "error of casualness" is creeping in or show others that God's this newspaper.) to what were once good,

sound, biblical churches.

I want to say that "pounding the pulpit" every Sunday while "preaching to the choir" will only go so far. Believers must take action by exposing error, revealing truth and renouncing sin by lifestyle example.

We accomplish this by, first of all, reading and studying the Word of God and not what the popculture minds have to say. Too many people are taking the word of some individuals who think they have a better way to worship and are delusional enough to think that their word is wiser and more credible than "God's Word."

Really?

Next, we must manifest *not necessarily those of*

Word and way is best, by renouncing dishonesty, not living deceitfully and simply living the precious Word of God before men and women so that they see Jesus Christ in our life.

Have you affected someone's conscience today by "showing them" what it means to be a Christian and not a popculture enthusiast? There is a day coming when we will see and stand before Jesus Christ, and that question will be accurately answered.

(Editor's note: Joey Durham, pastor of Sturgis Baptist Church, shares his views periodically in this newspaper. His opinions are his own and are

Council on aging gets 3 appointments

STAFF REPORT

Janet Stevens, Karen Ordway and Crittenden County Magistrate Danny Fowler have been appointed by Crittenden Fiscal Court to three-year terms on the county's aging council, which works in conjunction with Pennyrile Allied Community Services to operate the local senior center. They replace Sam Smith, Ramona Ford and Robert Brantley.

Other board members include Chair Barbara Steele, Margaret Vice Chair Gilland, Secretary Daryl K. Garey Duncan, Bonita Hatfield and Marion City Councilman Junior Martin. Ordway will serve as treasurer.

The group meets each guarter at the senior center.

Community church notes

■ Creek Side General Baptist Church will hold a fifth-Sunday singing event at 6 p.m., Sunday. The church is located at 7921 U.S. 60 E. Pastor Roger Holloman in-

vites the public to attend.

Priney Fork Cumberland
Presbyterian Church will hold a spaghetti supper to support Relay for Life Sunday after its worship service. The church also conducts a Beverly Hillbillies Bible study at 6 p.m., Wednesday

evenings.

The middle adult Sunday school class of Deer Creek Baptist Church has set up a food car to collect donations for a community food drive. The church's Sunday school class will continue to accept nonperishable items through the month of

August. The food drive car is located on the platform in the

sanctuary.

■ Deer Creek Baptist Church will celebrate its annual Homecoming Service Sept. 6. The Stone Family will be in concert at 10 a.m Worship Service will be held at 11 a.m., with a meal to follow. For more information, call the church at (270) 965-2220.

■ Mexico Baptist Church's clothes closet is open 9-11:30 a.m., each Monday.

(Editor's note: Keep the community aware of your church's activities and celebrations. Email your church notes to The Crittenden Press at pressnews@thepress.com.)



Ridge Runners

> Beginning Around 1:30 p.m. Following the Noon Meal

UNITY GENERAL BAPTIST CHURCH

Crayne, KY

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Emmanuel Baptist Church

OME WORSHIP WITH



Pastor Tim Burdon

Minister of Youth Robert Kirby Minister of Music Mike Crabtree

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Sunday school, 10 am Sunday worship: Morning, 11 am | Evening, 6 pm

Wednesday Bible study, 6:30 pm Bro. Mark Girten, pastor Join us every fourth Sunday of the month for gospel singing at 6 pm

Marion Baptist Church College and Depot streets, Marion • 965-5232

Sunday school: 9:30 a.m.
AWANA: 5:45 p.m.
Sunday worship: 10:45 a.m., 6:30 p.m.
Sunday contemporary service: 8:15 a.m.
Wednesday: 6:30 p.m.
RAs, GAs and Youth Craze: 5:45 p.m.

Alarion United Alethodist Church

Open hearts. Open minds. Open doors.
The People of the United Methodist Church

Rev. David Combs, pastor

Wednesday Night Bible Study 6 p.m.

Sunday School 9:30 a.m. • Worship 10:45 a.m., 6 p.m. www.the-press.com/MARIONunitedmethodist.html

Catholic Church

Sunday Mass 11 a.m.

Father Ryan Harpole



Pastor Mike Jones

108 HILLCREST DRIVE, MARION | 270.965.4623

SUNDAY SCHOOL: 9:30 AM | SUNDAY WORSHIP: 10:45 AM, 6 PM WEDNESDAY ADULT BIBLE STUDY, CHILDREN AND YOUTH ACTIVITIES: 6 PM



Sunday Worship: 11 a.m. & 6 p.m. Jules!" Wednesday Bible Study: 7 p.m. Approx. 5 miles from the intersection of Hwy. 60 & Hwy. 297 E-mail: deercreek@quickmail.biz - Phone 965-2220



CUMBERLAND PRESBYTERIAN ROVE CHURCH

585 Sugar Grove Church Road, Marion, Ky. I 270.965.4435 Wednesday Bible Study - 7 pm Sunday School - 10 am I Sunday Worship - 11 am and 6 pm



Sunday school, 10 a.m. • Worship, 11 a.m. Sunday and Wednesday evening services, 6:30 p.m.

Barnett Chapel General Baptist Church



· Sunday school: 9:45 a.m. Bro. Steve Tinsley, pastor · Sunday worship: 11 a.m. Sunday evening: 6 p.m.

· Wednesday night Bible study: 7 p.m.

Barnett Chapel... where everyone is welcome.

Tolu United Methodist Church

Bro. Selby Coomer, Pastor

Open hearts. Open minds. Open doors.

The People of The United Methodist Church Sunday School 10 am · Service 11 am · Wednesday night youth 6:30 p.m.

Marion General Baptist Church WEST BELLVILLE STREET MARION, KY

Sunday School 10 a.m. • Sunday Worship 11 a.m., 6 p.m. Wednesday Bible Study 7 p.m. For rides, call 965-0726 • Find us on Facebook!

For where two or three are gathered together in my name, there am I in the midst of them. -

Crooked Creek Baptist Church 261 Crooked Creek Church Road, Marion, Ky.

PLEASANT GROVE General Baptist Church Located on Ky. 723, 4 miles north of Salem

Sunday School 10 a.m. | Sunday Worship 11 a.m., 6 p.m. | Wed. 7 p.m.

SEVEN SPRINGS MISSIONARY BAPTIST CHURCH Located between Dycusburg and Frances on Ky. 70

Sunday School: 10 am Sunday Worship: 11 am, 6 pm · Wednesday: 7 pm Dr. Bobby Garland, pastor - Fundamental, Pre-Millenial, Independent -



Lucy Tedrick, pastor

Frances Community Church

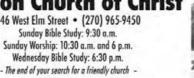
Bro. Butch Gray . Bro. A.C. Hodge Wednesday night prayer meeting and youth service - 7 pm Sunday school - 10 am · Worship service - 11 am

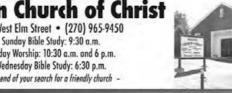
FIRST CUMBERLAND PRESBYTERIAN CHURCH

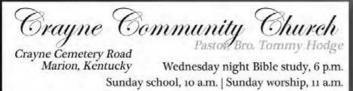


CUMBERLAND PRESBYTERIAN CHURCH Ky. 506 | Marion, Ky









Unity General Baptist Church

4691 U.S. 641 • Crayne, Ky.

Barry Hix, pastor • 365-5836 or 625-1248

Sunday School 10 a.m. • Sunday Worship 11 a.m.

Sunday Evening 6 p.m. • Wednesday Night Service 6 p.m.

Marion Church of God

334 Fords Ferry Road · Marion, Kentucky

Sunday School 10 a.m. • Morning Service 11 a.m.

Sunday Evening 6 p.m. · Wednesday Evening 6 p.m.

"Where salvation makes you a member."

Marion Church of Christ Sunday Worship: 10:30 a.m. and 6 p.m.



OBITUARIES

Pinson

Tammy K. Pinson, 53, of Cadet, Mo., formerly of Princeton, died Aug. 14, 2015, at St. Luke's Hospital in St. Louis.

She was a behavioral health aide, a member of the

Community Church of God. She was born Nov. 23, 1961. in

Princeton. Pinson is survived by her husband, James Pinson



Jr.; her father, Doug Rorer of stepmother. Cadet; Phyliss Rorer of Cadet; her mother, Betty "Marshall" Little of Marion; her stepfather, Jim Little of Marion; a son, Ellis Lawless of Kentucky; two daughters, Katie (Larry) Lemons of Hawaii and Suzzy (Jon) Lewis of Cadet; two brothers, Mike (Christy) Little of Festus and Matthew (Crystal) Little of Perryville; six sisters, Crystal (Larry) Baxley of South Carolina, Trina Little of Kentucky, Dottie Rorer of De Soto, Patty (Keith) Driver of Kentucky, Holly (Bobby) Turpin of Kentucky and Melissa (Kenneth) Fowler of Kentucky; and five grandchil-

She was preceded in death by a grandson, Kane Lawless. Funeral services were Aug.

18 at Mahn Funeral Home in DeSoto with Rev. Gene Moses officiating. Burial was in Calvary Cemetery in DeSoto.

Hamblin

Michelle Marie Hamblin, 40, of Salem died Aug. 21, 2015, at her

She is survived by two daughters, Brittany Ann Hamblin and Kaley Ann Hamblin; two sons, Richard Keith Hamblin



and Nathaniel James Hamblin; her father, Kenneth Kuna of Lockport, N.Y.; four sisters, Donna Wilkie of Depew, N.Y., Dawn Kuna-Neto of Salisbury, Md., Melissa Malek of Depew and Christina Kuna of Lockport; and her grandparents.

She was preceded in death her mother, Virginia Colling Kuna.

Funeral services were Monday in the chapel of Boyd Fu-Directors Cremation Services in Salem with Revs. Cary Cowell and Chuck Ellis officiating. Interment was in Union Cemetery.

Donations may be made to Gideon's International.

Obituary policy

It is the policy of The Crittenden Press that all obituaries, both paid and free, be submitted from a funeral home or crematory service.

Most obituaries are free and include service information, a short biography and survivors and predeceased in the immediate family. Additional information added to the basic obituary such as the names of second-generation descendants are charged based on length. There is no charge to include a photo.

Obituaries are subject to editing for accuracy and style. For more information, please talk to your funeral director.

Obituaries that appear in the paper are also accessible online for free

Robertson

Michael Larry Robertson, 60, of Marion died Aug. 18,

2015, at Baptist Health Paducah. He had

worked in construction.





Marion; his mother, Wilma Robertson of Marion; three brothers, Tommy Robertson of Clay, Ricky Robertson of Crayne and Bruce Robertson of Marion; three sisters, Janet Shouse of Morganfield, Linda Duffy of Henderson and Zandra Walker of Ledbetter; a special friend, George Rye; and several nieces and nephews.

He was preceded in death by his father, Marshall Robertson.

Funeral services were Friday at Myers Funeral Home in Marion with burial in Rosebud Cemetery.

— PAID OBITUARY —

Dunning

Sandra Dunning, 71, of Park City, Ky., died Aug. 22, 2015, at the Christian Care Center of Kuttawa.

Sandy always loved being a mom and was a warm, kind, loving person to all she met. She loved her family dearly. She will be missed by all those who knew her.

Dunning is survived by a daughter, Tonya Dunning of Bowling Green; her mother, Waunita McDowell of Marion; two sisters, Shelia (Kenny) Tabor and Denise Peek of Marion; Gene Pedigo of Park City; and several nieces and nephews; and three grandcats, Aiden, Natelyn and

She was preceded in death by her father, Lynn McDowell; a brother, Bobby McDowell; a nephew, Shawn Tabor; and two great-nephews.

Funeral services were Wednesday at Boyd Funeral Directors and Cremation Services in Salem.

RECOVERY

Continued from Page 1

brate Recovery was offered at Emmanuel Baptist Church in Greenwood Heights in conjunction with Crittenden County Coalition for a Drug-Free Community.

"There is a saying I learned from a brother in recovery: When I change my expectations into appreciations, my world changes instantly.' To me, living that saying is true celebration in recovery. Only God can turn a hurt into a blessing," McMican said.

A person does not have to be a believer in Christ to attend Celebrate Recovery, and it is not a program that stipulates a person has to believe in Jesus for recovery. Celebrate Recovery is presented as an option to all who attend.

Fifth Judicial Circuit Judge Rene Williams has worked with the drug court program in the Crittenden, Union and Webster counties. She said programs like Celebrate Recovery are crucial to helping individuals in the community who suffer from a variety of issues. She said an important aspect of these programs is that they recognize no one's life is perfect, and it's OK to reach out for help.

"I think folks who go through the legal system often feel they are alone and not worthy of being a part of the community. Programs like Celebrate Recovery show them that they are not alone and that there are many people willing to help them and be there for them." Judge Williams said. "I think all of us need to feel that we are worthy of being loved and needed, and programs like this can provide a setting of acceptance in spite of our flaws and we all have them.'

Judge Williams is grateful that members of the community are giving their time and talents to provide such programs as Celebrate Recovery and noted many rural areas don't have a lot of professional services available, which can be an issue for many individuals because of the cost. She said drug court requires a number of meetings each week and she has seen the benefits of the Celebrate Recovery program and how participants can utilize the program as one of their meetings, which makes a big difference when they are struggling to find enough meetings like AA or Narcotics Anonymous.

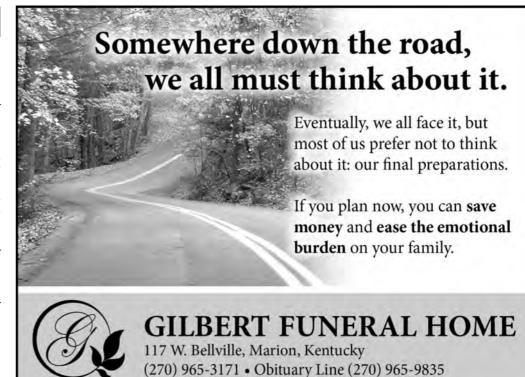
Bringing the program to Marion also has another advantage. Judge Williams said many individuals don't have a driver's license, so having a program within the community is a big plus since it's hard to find a ride to locations such as Princeton or Sturgis when one doesn't have money

or a job. "I think it is important to have a place to go where one feels safe, and it's OK to be who you are - problems and all - and see that you are not the only person who has is-

sues," Judge Williams said. Light snacks will be provided at next Thursday's meeting and childcare will be offered. McMican said the church will begin with a celebration and have what is called an open share.

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GREAT STARTER HOME...2 BR 2 BA, Den, LR, DR. Plenty of room for a garden. This home is located in the southern portion of Crittenden county, Quiet Country living. Mg

EXECUTIVE HOME ON 4.5 ACRES... Colonial, 2 story, 4 BR, 3 full BA & 2 half BA. Fover w/open staircase, parlor & large formal DR w/gas log fireplace. kitchen w/all major appliances, built-in cabinets & pantries; & breakfast room. Family/great room w/library nook, builtin storage cabinets & a w/burning fireplace. 40'x50' pole barn. Rf

EMMUS HILL...3 BR, 2 BA home situated on approx. 12.25 acres of woods, in Crittenden County, KY. Features: large den w/views of wildlife most anytime you look out the window, new water heater, carpet, resealed driveway, seamless gutter, new vent less gas neater, roof replaced in 2012, new entry & screen doors, septic tank pumped, gutter and drains installed in 2013, new frig in 2014, sidewalk installed, gas range 2015. cc

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LAKE GEORGE ESTATE...3-4 BR, 2 fishing & hunting possibilities. Possible BA home w/fireplace, vaulted ceilings, building site on rear of property. Lots of open floor plan, dining & den w/great wildlife, mature Cypress trees. views of the lake. Detached garage w/ MEXICO...approx. 14 acres per PVA & large addition & central HVAC, fireplace, includes two rental homes, has access wired for sound, BA w/shower, closet from both SR 70 & Jackson School Rd. space, on over 4 acres. Jc

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FIRST TIME HOME BUYERS...2 BR, 1 BA home w/ extra large garage & storage building. GORGOUS VIEWS...3 BR, 2 BA mobile home on 3,.5 acres overlooking the

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MARSHALL COUNTY KENTUCKY LAKE ... 2 BR, 2 BA home

on 2.1 acres. Features eat in kitchen, hardwood floors, gas heat & air, 2100 SF shop building wired 220, 1 car detached garage, upper & lower deck overlooking the lake. Covered dock slip with power / water. jd

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What is a Baby Boomer

The Baby Boomer generation is one of the most influential demographics in the world today. Boomers represent roughly 28 percent of the total population of the United States, according to Baby Boomer magazine, and this means they are the largest generational segment as well as the single largest economic group in the United States. They hold 70 percent of the U.S. wealth and are expected to inherit millions of dollars over the course of the next 20 years.

Baby boomers comprise a population of adults who were born after World War II between 1946 and 1964. That makes boomers people who are between 49 and 67 years old. Many of these baby boomers have grown to be household names and influential individuals in all areas of business. Here are some additional facts and figures about baby boomers:

- There were 2,686 Baby Boomers in Crittenden County in 2010.

- Baby boomers have more discretionary in-

come than any other age group. - Baby boomers own 80 percent of the money

in savings and loan associations. - Baby boomers spend more money than other

- Baby boomers account for nearly half of all consumer demand.

County's Medicare spending rates well

FROM STAFF AND WIRE REPORTS Crittenden County's sen-

ior citizens appear to be among the very healthiest in the state.

According to government data analyzed by USA Today and The Courier-Journal this spring, the county ranked third-best of Kentucky's 120 counties in terms of the lowest percentage of residents 65 or older on Medicare with two or more chronic conditions. For those with six or more chronic conditions, Crittenden County ranked 20th.

Clay County in eastern Kentucky ranks last in the state and 12th worst of 3,145 counties nationally for the percentage of seniors on Medicare with six or more chronic conditions, according to data. In fact, all of the counties in Kentucky's Top 10 – nine of which are in Appalachia – are ranked in the nation's Top 50 for sick sen-

"That's not surprising,' said Fran Feltner, director of the University of Kentucky Center of Excellence in Rural Health. "And when you're having breathing problems, high blood pressure problems and other problems, to me it seems like you're waging a daily battle against the chronic diseases. It's hard to fight the battle ... normally, and as you get older, it's harder.'

Across the state, many seniors struggle to afford healthy food, such as fresh fruits and vegetables, and some turn to the center's

food pantry just for staples. Transportation is also a big expense that's out of reach for many seniors, making it difficult to get to doctor appointments to manage illnesses or to get out at all. Locally, Crittenden County Senior Citizens Center delivers meals to 36 seniors who are largely confined by illness to their homes.

Feltner said besides poverty and difficulties getting care, seniors in the area often haven't been educated about how to prevent or control chronic diseases, and some have a fatalistic attitude about them. Meanwhile, they're saddled with multiple medications and face the dangers of drug interactions and side effects.

High levels of illness

Analysis of 2012 U.S. Centers for Medicare & Medicaid Services data by USA Today and The Courier-Journal shows Crittenden County's 1,404 seniors on traditional Medicare account for \$16 million in spending.

Two or more conditions

The county ranks third best of 120 counties in the state in terms of the percentage (74 percent) of residents 65 or older on Medicare with two or more chronic conditions. They accounted for 64 percent

don't just hurt individuals but also communities, experts said, hastening a downward economic spiral

of annual spending 2012. Of the 3,145 counties, parishes and burroughs in the country, Crittenden County ranks 968th best.

Six or more conditions

The county ranks 20th of 120 counties in the state in terms of the percentage (15 percent) of residents 65 or older on Medicare with six or more chronic conditions. They accounted for 40 percent of annual spending in 2012. Of the 3,145 counties, parishes and burroughs in the country, Crittenden County ranks 1,955th best.

locally and requiring huge portions of Medicare budgets. In Crittenden County, the newspaper analysis showed, 40 percent of the county's total traditional Medicare spending (\$16 million) went to seniors with six or more chronic conditions. In Clay County, that number was 47 percent. This group also stretches overtaxed medical communities in rural counties even thin-

"These patients need to be seen frequently by doctors, and they need much longer visits. ... These folks need intense care," said Dr. Michael Karpf, executive vice president for health affairs at UK. "Given the shortage of primary care in Appalachia, this kind of patient just exacerbates that shortage."

(Editor's note: The Courier-Journal contributed to this

Eating habits should be tweaked after reaching 50

needs begin to change. Foods that were once staples of your diet as a youth may be restricted once you hit a certain age, while other foods you may have always avoided may now be necessary to fuel and support a healthy body.

to sustain health, as hormonal changes and other health effects as a person reaches age 50 can have a profound impact on his or her nutritional requirements. The following are a few things men and women over 50 may

Vitamin D

Both men and women age 50 and up have a reduced ability to produce vitamin D through exposure to the sun. Extra vitamin D will be

Eating healthy foods and want to consider as they look needed from foods and sup-As people age, their dietary exercising may not be enough to eat a healthy diet for years plements. Everyone over the age of 50 should take a daily vitamin D supplement of 400 IU, according to Canada's Food Guide. Without adequate vitamin D, bone strength and health can deteriorate because vitamin D promotes calcium absorption.

increase their intake of unsaturated fats and reduce consumption of saturated fats. Nutrient-rich unsaturated fats can guard against heart conditions, protect against stroke, keep skin supple, and even help men and women

maintain good neurological People over age 50 should health. Omega-3 fatty acids can be found in nuts, olives, seeds and fatty fishes.

Increase protein

According to Christine Gerbstadt, MD, RD, a

See **FOOD**/Page 10

Social Security now 80, helps nearly 1 million Kentuckians

By GREG STOTELMYER KENTUCKY NEWS CONNECTION

Aug. 14 was the 80th birthday of Social Security and every presidential candidate has ideas for changing the system – whether that means strengthening it or scrapping it.

Nearly 1 million Kentuck-

ians receive Social Security

Marilyn Watkins, policy director of he Economic Opportunity Institute, says while the importance of Social Security to seniors is most often in the spotlight, the program also has helped stabilize the economy over-

"Even in times when the economy collapses, Social Security income continues to come in," she points out. "It helps not only families survive, but it helps local businesses stay strong. It's amazingly important in smaller communities.'

In Kentucky, 54 percent of the beneficiaries are retirees, but there are also spouses, widows, widowers, children and people with disabilities receiving Social Security.

Watkins once was part of those statistics, when her husband passed away, leaving her with two sons, ages nine and 11.

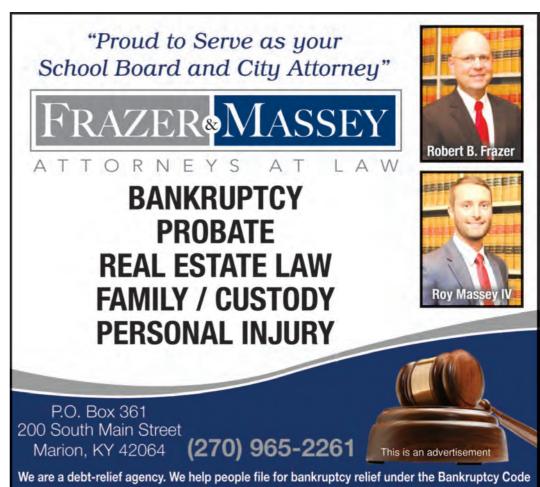
"Within three weeks, we had our first benefit checks coming in," she relates. "Every month until my younger son turned 18, Social Security income continued to come into our household. It just made a

huge difference. It just helped us weather that storm.'

Until the 1980s, survivor benefits continued for children until they finished college. Now, they end when a child turns 18 and graduates

See **80TH**/Page 10





American family caregivers provide staggering \$470 billion in unpaid care

AARP MEDIA

Family caregivers in the U.S. provided 37 billion hours of care - worth an estimated \$470 billion – to their parents, spouses, partners, and other adult loved ones in 2013, according to AARP Public Policy Institute's new report, Valuing the Invaluable: 2015 Update. The total estimated economic value of this uncompensated care provided by the nation's family caregivers surpassed total Medicaid spending (\$449 billion), and nearly equaled the annual sales (\$469 billion) of the four largest U.S. tech companies combined (Apple, Hewlett Packard, IBM, and Microsoft) in 2013.

In Kentucky, there are an estimated 648,000 family caregivers providing 603 million care hours for a value of \$6.98 billion.

Family caregiving for relatives or close friends with chronic, disabling, or serious health problems so they can remain in their home is nearly universal today. In 2013, about 40 million family caregivers helped another adult loved one carry out daily activities (such as bathing or dressing, preparing meals, administering medications, driving to doctor visits and paying bills).

"Family caregiving today is much more complex, stressful and costly for caregivers than ever before," said AARP CEO Jo Ann Jenkins. "This new report shows some of the progress that's been made to help caregivers, but we need to do much more in public policy, in the workplace and in the health care system."

As Americans live longer and have fewer children, fewer family members will be available for older adults to rely on for everyday help in the future. The ratio of potential family caregivers to the

Valuing the Invaluable: Putting a Dollar Value to Family Caregiving

In 2013, about 40 million family caregivers in the United States provided an estimated 37 billion hours of care. The estimated value of their unpaid service was approximately \$470 billion.

HOW DOES FAMILY CAREGIVING COMPARE? 2013-2014 in billions

Walmart Annual Sales \$477

Family Caregiving estimated value \$470

Combined Annual Sales \$469

FINANCIAL COMMITMENT

Apple, IBM, Hewlett Packard and Microsoft

Total Medicaid Expenditures \$449

say they have to use their own

money to help provide care to

felt financially strained

TIME COMMITMENT

growing number of older peo-

ple has already begun a steep

decline. In 2010, there were

7.2 potential family caregivers

for every person age 80 and

older. By 2030, that ratio will

fall sharply to 4 to 1, and is

projected to drop further to 3

that the stress of caregiving

affects their physical and

emotional health, finances

family caregivers report being

overwhelmed by the amount

of care their family member

caregivers report a moderate

(20%) to high degree (18%) of

financial strain as a result of

(60%) of family caregivers had

- In 2014, the majority

- Nearly 2 in 5 (38%) family

- More than half (55%) of

Family caregivers report

to 1 in 2050.

and their jobs.

providing care.

needs.

Caregivers spend an average of 18 hours per week providing care to a family member. Family caregivers caring for

an adult while employed full Provide 21+ hours of

family care per week while working a job.

full- or part-time jobs.

"Over the past four years since the last report came out, we've seen a number of new policies at the federal and state level that are improving awareness about family caregivers' needs," said Susan C. Reinhard, RN, PhD, Senior Vice President and Director, AARP Public Policy Institute, and lead author of the new report.. "We need multiple approaches to better help caregiving families, including such things as tax credits, improved workplace flexibility, respite care, home care services and better training of family caregivers. Solutions to support family caregivers will need to come from both the private and public sectors."

The profile of the family caregiver in America is changing as the population ages, according to a new research study from the National Alliance for Caregiving and AARP. While the "typical" family caregiver is a 49-yearold woman who takes care of a relative, caregivers on the whole are becoming as diverse as the American population.

With an average household income of \$45,700, caregivers report not only emotional strain, but financial strain. Higher-hour caregivers report difficulty in finding affordable caregiving services, such as tion, or in-home health services, in the community for them and their loved ones. Caregivers who live more than an hour away from their care recipient also report higher levels of financial strain (21 percent), perhaps because 4 out of 10 long-distance caregivers report the use of paid help (41 percent).

Also surprising are findings from subpopulations of caregivers. Today, nearly a quarter of America's caregivers are millennials between the ages of 18 and 34 and are equally likely to be male or female. On the other end of the spectrum, caregivers ages 75 or older are typically the sole support for their loved one, providing care without paid help or help from relatives and friends. Men, a group often stereotyped as failing to take on caregiving responsibilities, currently represent 40 percent of family caregivers and provide an average of 23 hours a week supporting a

loved one.

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SECTION 8 HOUSING



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PACS can help caregivers

STAFF REPORT

Pennyrile Allied Commuas soon as possible. nity Services (PACS) Crittenden County Senior Center is now able to add on more seniors in need of services in their homes. These services include home delivered meals, homemaking services, personal care and respite.

If you, or someone you know, could use any or all of these services please call (866) 844-4396 to see if you

qualify and to begin services

portation takes seniors to doctor's appointments, drug stores, hair salons, barber shops, senior centers, grocery shopping, hospitals and many more places in the communities. The county's senior center has handicapped vehicles to assist the seniors and can be reached at

Also, PACS Aging trans-

delivered meals, transporta-(270) 965-5229.

ANOTHER SUCCESS STORY Congratulations Jean Walker



In late June, Jean Walker underwent aortic valve replacement surgery, which left her very weak and unable to care for herself. Upon discharge from the hospital, Jean and her family knew she would not be able to return home right away. That is when they turned to Crittenden County Health and Rehabilitation Center for a short stay before returning home.

Comprehensive Team Treatment Plan:

An interdisciplinary team developed a care map specific to Jean's situation, which provided a guide for her smooth and successful recovery. Judy received both Physical and Occupational Therapy five times a week throughout her stay at CCHRC. Jean also enjoyed participating in a variety of activities offered within the facility, especially Bingo.

Case Outcome:

During her stay at CCHRC, Jean was able to improve her strength and endurance. Jean also worked on her gait, transfers, stair management and ADLs such as dressing and bathing, all while keeping her cardiac needs in check. After a short stay, Jean was able to return home with more independence and better able to care for herself.

Comments on Care

Jean Walker, Kathy Patterson, and Mechelle Luttrell

"I really enjoyed the therapy and they helped me a lot. I have really gotten a lot better, especially with walking. I can tell I am a lot stronger since I came here. "





Gary V. James M.D., F.A.A.F.P. Jonathan P. Maddux M.D., F.A.A.F.P.

Alicia Clark A.P.R.N., FNP-BC Lee Anna Boone A.P.R.N., NP-C Rashelle Perryman A.P.R.N., FNP-C

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Office Hours: Mon. - Fri. 8:30 a.m. - 5:00 p.m.

Hearing loss may now be linked to many other health issues!

Important Bulletin

According to a study by the **Johns Hopkins University** School of Medicine and the National Institute of Aging, men and women with hearing loss are much more likely to develop dementia and Alzheimer's disease. According to this study, people suffering with severe hearing loss were five times more likely to develop dementia than those with normal hearing.

Have you noticed a change in your ability to remember?

"The more hearing loss you have, the greater the likelihood of developing dementia or Alzheimer's disease." - Johns Hopkins Report

Don't ignore the **WARNING** signs:

- ☐ You hear loud enough, but can't understand conversations.
- You overuse the word "WHAT."
- ☐ You have ringing in your ears.
- You can't understand conversation in a noisy environment.
- ☐ You turn the television too loud for others.

According to the Johns Hopkins University study:

"Hearing loss can lead to at least two other serious problems... loneliness and isolation which lead to depression."

Hear what you've been missing! 4 DAYS ONLY! All tests are FREE!

Your hearing will be electronically tested and you will be shown how your hearing compares to normal hearing.

Your ears will be examined with a video otoscope to determine if your hearing condition is just impacted earwax.

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Tuesday September 1st

Wednesday September 2nd

Thursday September 3rd

Friday September 4th

WE ACCEPT MOST MAJOR INSURANCES! CALL TODAY TO LEARN MORE.

The next Crittenden County Food Bank distribution day is Friday Distribution is from 8 a.m. until supplies are exhausted • 402 N. Walker St., Marion



8 million Boomers hungry

More than 8 million Baby Boomers are turning to charitable food assistance like those in Crittenden County to make ends meet, according to a new report released last month by Feeding America made possible by a grant from AARP Foundation.

"Baby Boomers and Beyond: Facing Hunger After 50" documents lack of employment, housing instability, poor health and unpaid medical bills are among the top challenges facing this age group, most of whom are not age eligible for federal support programs like Social Security and Medicare.

"Our network serves 13 million older adults and we expect that number to rise," said Matt Knott, president of Feeding America. "Every day for the next 15 years, 10,000 people will turn 65. This is absolutely the right time to be taking a hard look at the data to determine the chal-

lenges our mature clients face."

The report was produced by Feeding America with help from an AARP Foundation grant. It is based on data collected for Feeding America's Hunger in America 2014 report, the largest study of charitable food assistance in the U.S. More than 60,000 clients confidentially answered questions about their personal and household circumstances for the study. Feeding America is a network of 200 food banks that provide food and groceries to 46 million Americans annually.

"Hunger is an invisible problem that millions of older Americans battle silently every day. We have found that the "youngest old" - people 50 to 59 - tend to suffer the most, often having to skimp on meals or skip them altogether because they can't afford them," said AARP Foundation President Lisa Marsh Ryerson. "Feeding America's boomer-focused research reinforces our earlier research on this hidden and very serious problem, and intensifies our commitment to address it."

The data provide comprehensive profiles of older adults ages 50 and above and their households.

Pre-seniors age 50 to 64 are particularly vulnerable to hardship and are more likely than their older peers to describe their own health as fair to poor (59%); have unpaid medical or hospital bills (58%); live in a household experiencing poverty (72%); and live in a household that is food insecure – defined by the USDA as the state of being without reliable access to a sufficient quantity of affordable, nutritious food (86%)

Of further concern, preseniors are struggling to find and keep jobs in a slowly recovering job market and many of the pre-seniors who are working do not earn enough to get by. While it is expected that individuals exit the workforce as they age, nearly two-thirds of pre-seniors had not been employed in the past year, with most citing poor health or disability as the reason.

The report also examined multigenerational households, specifically households with at least one older adult and at least one grandchild. Among these households, 77 percent live at or below the federal poverty line.

Crittenden Locally, County Food Bank offers a variety of groceries at no charge to residents in need. The food bank at the former county health department on North Walker Street in Marion will be hosting its August giveaway this Friday beginning at 8 a.m. and continuing until supplies are exhausted. Giveaways are at the same time and location the fourth Friday of every month.

SENIOR CENTER MENU

Crittenden County Senior Citizens Center is open weekdays 8 a.m. to 4 p.m. Lunch is served at 11:30 a.m. each day and is \$3 for those 60 and older or \$5 for those under 60. Milk, coffee or tea are available each day. Reservations are requested. All menu items are subject to change based on availabil-

Every day, the center at 210 N. Walker St. in Marion offers billiards, card games, Wii games and the use of exercise equipment. Call the center at (270) 965-5229 for further infor-

Upcoming activities and menu include:

- Today: Bible study begins at 10 a.m. A health fair runs from 9 to 11 a.m. Menu is baked chicken, cornbread dressing, chicken gravy, green beans, Mandarin oranges and wheat

Friday: Bingo begins at 10:30 a.m. Menu is franks and kraut, mashed potatoes, black-eyed peas, cornbread and fruit cobbler. Cake will be served in observance of all August

Fellowship dinner 5 p.m. Sept. 10

A \$5 donation is requested to take part in the meal. An entree will be provided and side dishes are requested.

> Entertainment will be provided

birthdays.

Monday: Ladies Exercise with Full Body Fitness Studio begins at 9:45 a.m. Menu is barbecue chicken, corn salad, mashed potatoes, whole wheat roll and tropical fruit cup.

- Tuesday: Menu is meatballs and gravy, stewed potatoes, buttered squash, dreamsicle gelatin and wheat bread slice.

- Wednesday: Menu is Southwest pork, mashed sweet potatoes, green beans, cornbread and chocolate pudding.

Next Thursday: Menu is ham and bean soup. pickled beets, macaroni and cheese, cornbread and Mandarin oranges.

Cooking for one difficult, but there are ways to be efficient

Seniors face many changes as they move into their golden years. Downsizing living spaces and vehicles is common, as is implementing certain changes to improve quality of life. Many seniors also scale back in the kitchen, where some must make

changes because of medical conditions. While it seems like reducing food portions would be easy, those used to prepping meals for a large family may find it difficult. The following tips can make meal preparation efficient and cost-effective.

- Divide and store. Super-

markets are increasingly offering larger packages of food products as well as "family size" offerings to compete with warehouse clubs. Buying in bulk can help individuals save money, but it may not always be practical for people living alone or with just a spouse. If you must buy in bulk, invest in a food vacuum sealer or freezer storage bags. Immediately separate meats and poultry into smaller portions before storing them in the freezer.

- Plan meals with similar ingredients. To reduce food waste, use leftovers to create casseroles or mix them in

with new meals. The fewer ingredients you have to buy, the smaller the risk of spoilage.

- Cut recipes in half. Recipes can be cut down depending on how many mouths need to be fed. When baking, cutting back on proportions of ingredients can be challenging. Search online for recipe-scaling programs that can make the work easier.

- Cook on the weekend. Use a weekend day to prepare food and package it into small containers in the refrigerator or freezer. Then the containers can be taken out as needed and heated quickly in the microwave for fast meals.

FOOD

Continued from Page 1

spokesperson for the Academy of Nutrition and Dietetics, as they age, men and women need more protein in their diets to maintain their muscle mass. Look for lean sources of protein from fish and poultry. Beans are also a low-fat source of protein.

More fiber

80TH

from high school.

in the next election.

worker's income.

Eating more fiber can help with digestive and intestinal problems, such as constipation, which can occur when fiber intake is not enough, coupled with a more sedentary lifestyle. The best way to get fiber is through diet. Leave the skins on fruit and vegetables and choose whole fruits over juices. Whole-grain breads and cereals also are good sources. Dry beans and lentils can add a fiber boost. Increase fiber slowly to determine your tolerance.

Continued from Page 1

Watkins would like to see the college benefit rein-

stated. She predicts candidates' views on the future of

Social Security will be critical

is to calculate benefits by av-

eraging fewer years of a

benefit those who are unem-

ployed for a time, or must

take time off for family care-

giving - and those zero-in-

come years affect their

provide that adjustment

that allows for family care, for those economic downturns when people are out of the workforce for no fault of

their own," she explains.

On average, Kentucky re-

tirees receive nearly \$1,200 a month from Social Secu-

"Changing that from 35 years to 30 years would just

benefits later in life.

Another potential change

Watkins says that would

PACS SENIOR GAMES

The Hopkinsville Division of Parks and Recreation will be hosting the annual Pennyrile Games, Sept. 14-16. Competition is open to any senior who will be 50 or older by the start of the

Age divisions - 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89 and 90 and up - may be combined if an age group has less than

The deadline to register is Sept. 4. Registration forms may be picked up at the Crittenden County Senior Citizens Center on North Walker Street in Marion.

Transportation to from event sites and the banquet will be provided by Pennyrile Allied Community Services. Call (270) 965-5229 before noon Tuesday to reserve your ride.

Fewer calories

The National Institute on Aging says women over the age of 50 need between 1,600 and 2,000 calories, depending on how physically active they are. Meantime, men need between 2,000 and 2,400 calories per day. With each passing year, there is a decrease in the energy required to maintain body weight, so caloric intake should be adjusted accordingly, say health experts.

More water

As a person ages, his or her body may not signal it is thirsty as well as it once did, so it's possible that you may not recognize when you are thirsty or dehydrated. The Mayo Clinic recommends around nine to 10 cups of beverages per day.

A periodic review of your prescriptions teaming up with the UK Extension Service in is always a healthy habit. Stop by either **Livingston County to provide** of our locations and allow a pharmacist to free information about review your current medications. Alzheimer's Care, c. 1, Dec. 8 & Dec. 15 Salem Office. **Delivery Available Most Insurance Plans Accepted Independently Owned & Operated** Glenn's Apothecary **Family Practice Clinic Building** Marion, Kentucky • (270) 965-4101 8:30 a.m. - 5:30 p.m. M-F • 8:30 a.m. - 1:30 p.m. Sat. Glenn's Prescription Center Salem, Kentucky • (270) 988-3226 8:30 a.m. - 5:30 p.m. M-F • 8:30 a.m. - 1:30 p.m. Sat.

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- Department of Labor claims.
- Federal Employees (or Retirees) may be eligible for an increased hearing aid benefit that covers from 50% to 100% of your hearing aid cost. Retired Teachers receive increased
- hearing aid discounts through our participation in their insurance network.



Marion Office Open House - Sept. 23 Space is limited, call today for an appointment.



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Air Evac celebrates one year at its Marion base

STAFF REPORT

After opening its base on July 11 of last year, Air Evac Lifeteam celebrated the first anniversary of its Marion base on the campus of Crittenden Health Systems

In addition to Crittenden County, the company also has nearby bases in Mayfield at the Jackson Purchase Medical Center and in Hopkinsville near the Jennie Stuart Medical Cen-

The base, which is fullystaffed, employs 14 people, including four full-time nurses; four full-time paramedics; four full-time pilots; a program director and mechanic. The base is operated 24 hours a day and has sleeping accommodations for nurses and paramedics in the hanger on the CHS campus. A helicopter is based there at all times unless it is in flight.

One of its employees is Crittenden County resident Samantha Grau.

serves as a flight nurse. Grau began her medical career working in area hospital emergency rooms. She joined the Air Evac team after the Marion base opened last summer.

David Webb, program director for the Marion base, said the company has exceeded what it projected for its first year in Crittenden County and is in the process of hiring two parttime employees – a nurse and a medic to join the team.

"We are just very pleased with what we have been able to achieve over this last year in Crittenden County," Webb said.

Public Relations Specialist Shelly A. Schneider estimates Air Evac averages one patient flight per day at its bases.

"Because we are a privately held company, we do not release actual flight numbers, as that is proprietarv information," said.

surrounding counties. such as Union, Lyon and Webster, Air Evac also serves several counties in southern Illinois, including Hardin, Pope, Massac and Gallatin counties.

The O'Fallon, Mo.-based air ambulance service provides access to definitive health care for patients with life or limb-threatening illnesses or injuries. The company claims to be the largest independently owned and operated emergency medical service with 119 helicopter bases across 15 states.

The Marion base is located within 20 minutes of Paducah hospitals and 35 minutes of Evansville, Ind.

Air Evac, which celebrated its 30th birthday earlier this month, also offers fixed-wing aircraft service which can operate out of Marion-Crittenden County Airport, though no plane is based there.



PHOTO BY JASON TRAVIS, THE PRESS

Air Evac Lifeteam Pilot Supervisor Chaes Edwards discusses aspects of the air ambulance service's helicopter with Crittenden Heath Systems employees during last Thursday's oneyear anniversary celebration for the local base. Shown above are (from left) Edwards; Joyce Brantley, surgery supervisor; Karen Graham, operating room nurse; and Terry Durham, anesthesiologist.

Author signs books

Author Bob Yehling speaks with Martha Raby of Crittenden County during a book signing for "Just Add Water," released in July. Yehling tells the story of Clay Marzo, considered to be one of the best surfers in the world. In 2007, the Maui resident was diagnosed with Asperger's syndrome, an autism spectrum disorder that is characterized by difficulties in social interaction and nonverbal communication. Individuals with Asperger's syndrome typically function better than those with other forms of autism and can be extremely talented in a certain skill, yet have difficulty using facial expressions, gestures and understanding body language.

Fredonia Heritage Society to scan photos

Event to be held Saturday at City Hall

STAFF REPORT

Fredonia Valley Heritage Society will be having a picture scan day this weekend for its upcoming history book on local veterans.

The purpose of this scan day is for people to bring pictures and stories of veterans to be included in the book "Veterans of the Fredonia Valley." This volume is about veterans with a connection to the Fredonia Valley, which is defined as within a 6-mile radius of

Fredonia.

The scan day will be Saturday from 10 a.m. to 2 p.m. at Fredonia City Hall.

"If you or a member of your family or any of your ancestors served in any branch of the military in wartime or in times of peace at any time in history, we want to include them in our book," said Pam Faughn, a member of the heritage society.

There will be stories of veterans from the Revolutionary War, War of 1812, Civil War, Spanish-American War, Ŵorld War I, World War II, Korean Conflict, Vietnam War, Desert Storm, Gulf War, Iraq War, War in Afghanistan and all

times in between.

"To be included, all you have to do is to provide a picture, if you have one, and a biography of the veteran," Faughn said.

The initial deadline for submission of material was Monday; however, the heritage society is extending our final deadline to Sept.

Saturday's scan is the third, and organizers are hoping to receive a large number of photos that day. If you bring photos to the scan day, it will be scanned on the spot and you will not have to leave your pho-

"It will be done while you wait," Faughn said.

The preferred method to submit the written biographies is by email. Any submission over 1,000 words may be edited. Photographs may also be emailed to PamFaughn@att.net.

For further information or to reserve a copy of this book in advance, email Faughn at the aforementioned address or contact any member of the book committee: Nancy Paris, Marsha Green, Maggie Gammon, Linda Ward, Richard P'Pool or Faughn.

"This book will be one you will want for your library, and you will definitely want yourself or your loved ones included," Faughn said.

Car show set

The annual Pumpkin Fes-

Along with the many antique cars on display will be a number of vendors partic-

tions have been sent out and officials are asked to have all applications returned by

contact the

for October

STAFF REPORT

tival Car Show will be held Oct. 3 in Marion.

ipating in the event selling a variety of food or craft items. Vendor booth applica-

Sept. 16. For more information

Crittenden County Chamber of Commerce at (270) 965-5015.



Local business helps schools

American Fidelity presented the Crittenden County School District with \$500 for scholarships for students taking dual credit courses. Superintendent Vince Clark said the donation will create five \$100 scholarships for students wishing to participate in Rocket Academy dual credit opportunities at Crittenden County High School. Coca-Cola and ShopKo have also partnered with the school district to create scholarships for this school year. Shown above are Kate Mathis, Jason Bugg, Clark and Joel McKenzie.

COMMUNITY CALENDAR

Tuesday, Sept. 1

- Beekeepers will resume meeting at 6 p.m., at the Ed-Tech Center. Kent Williams will be the guest speaker. Those interested in learning about beekeeping are encouraged to
- Bigham Lodge No. 256 will have stated communication at its headquarters located at 206 Sturgis Rd. The meal will begin at 6:30 p.m., with the meeting to follow at 7:30 p.m. All members and fellow Master Masons are urged to attend.
- Crittenden County Farm Bureau's annual meeting will be held at 6:30 p.m., at the Marion-Crittenden County Ed-Tech

Center. Wednesday, Sept. 2

■ Crochet Corner will meet at noon at the Crittenden County Extension Service. Learn how to crochet or bring an existing project.

Saturday, Sept. 5

■ The CCHS Class of 1965 will hold its 50th class reunion at Fohs Hall beginning at 5 p.m. with a meet and greet. Dinner will be served at 6 p.m. Everyone who attended CCHS from 1960-1965 is welcome to join the festivities after 7:30 p.m., to celebrate. Call (270) 965-5003 or (270) 965-3332 for more information or check Facebook.

- The CCHS Class of 1956 will hold its 59th class reunion at Majestic Steak House in Princeton. Social time will begin at 5 p.m., with photos to follow at 5:30 p.m. and dinner
- at 6 p.m. Saturday, Sept. 12
- National Guard Reunion will be held beginning at 10 a.m. at the Lions Club. For more information call Rich Nelson at (270) 704-5140 or Roger Lubben at (270) 625-0971. All past and present members are ■ Crittenden County Class of
- 1960 will hold its reunion at the Marion Country Club. Social time is from 5 to 6 p.m., followed by the meal at 6 p.m. Contact Betty Little at (270) 704-5744. Contact Leroy Hodge at 819 Sturgis Rd. to make reservations. Cost is \$25 per person.
- Thursday, Sept. 17 ■ Any girl interested in joining Girl Scouts in Crittenden County should attend a meeting from 4:30-5:30 p.m., at the Crittenden County Public Library. Saturday, Sept. 19
- The city of Salem will celebrate its Fall Jamboree and Barbecue Cook-off, Barbecue winners will be announced at 5 p.m., with gospel music on Main Street to follow. Barbecue teams and vendors are

- needed. Contact Janet Hughes at (270) 988-8983 or email janhug@mileslpgas.com for more information.
- Monday, Sept. 21
- Crittenden County Elementary School's SBDM Council will meet at 4 p.m. Saturday, Sept. 26
- Crittenden County High School Class of 1980 will hold its 35th reunion at 6 p.m., at the Robert Cherry Civic Center in Paducah. Admission is \$25 for singles or \$45 for couples. For more information call (270) 988-4040 and leave a mes-

Additional information

- Salem Garden Club meets at 6:30 p.m., the second Thursday of each month at Salem City Hall. You do not have to be a member to attend. Call Janet Hughes at (270) 988-3835 to verify location during the summer months as the club meets at members' homes.
- The use of addicting drugs is on the rise. Narconon urges families take steps to protect themselves from drug use. Call for a free brochure on the signs of addiction for all drugs. Narconon also offers free screenings and referrals for counseling. Call (800) 431-1754 for further information on Narconon.

Riverview Park gets two new board members

STAFF REPORT

Riverview Park Board of Directors now includes Crittenden County Magistrate Mark Holloman and Ron Harper, who replace former Magistrate Percy Cook and the late-Tommy Hughes.

Both have been appointed by Crittenden Fis-Court and Magistrate Dan Wood, Mike O'Hara, Marion Tourism Director Michele Edwards, Crittenden County Emergency Management Director David Travis and Joyce Travis on the board that oversees the Dam 50 recreation area.



who passed into the arms of his Savior on August 31, 2001

Fourteen years ago, you said 'goodbye' to this life surrounded by your loving family. We miss you every day. When we said 'goodbye', we knew it was not the end, for the Lord gives everlasting life to all who trust in Him; it was really 'so long' until we meet again. We are comforted by the precious memories of a life well-lived.

You left a lasting legacy, for you lived your earthly life with eternity in view. You have ten adorable great-grandchildren who you did not meet in this life, but your values of honesty, integrity, and love for the Lord and others are being passed on to them.

> With love until we meet again, Iva, Bobby and Sue, Fred and Minnie Lou, Barbara, Ricky and Linda Grandchildren and Great-Grandchildren



One-room schools provided many fond memories

Dr. Blanton Croft of Hagerstown, Md., shared this interesting article full of memories. As a child growing up, he attended Pleasant Grove School, which was located near Pleasant Grove Church on Ky. 723 South.

He told me he wrote the article in memory of his teacher at the time, Mrs. Dolcie Croft. He took her teachings to heart as he continued his education.

He graduated from Pleasant Grove School in 1948, was a graduate of Crittenden County High School in 1953, a graduate of Murray State University in 1956, a graduate of Purdue University with a Ph.D. in

Dr. Croft is the son of Vernon and Ruth Mc-Daniel Croft of Salem.

Pleasant Grove School Years

Graduating from a oneroom school in the late
1940s appears by today's
standards to be impossible. After all, we had no
indoor plumbing, no central heat or air, no overhead lighting, no library
with any reference tools
and no lunchroom for
daily hot meals. How
could any group of youngsters bear it at all?

In fact, how could any one teacher teach multiple grade levels with multiple subjects and accomplish anything resembling today's comprehensive elementary curriculum? All of the above turned out to be irrelevant, in my estimation, as my years in a one-room school turned out to be a truly mind-blowing experience.

Because of a powerful challenge presented by my teacher, Mrs. Dolcie Croft, it was just the trick that turned me into a lifetime of self-discovery and eventually a Ph.D. from Purdue University.

Mrs. Dolcie Croft, our one-room teacher, was a master at motivation in the classroom. She constantly showed her love of books by reading to all her sixth- and seventh-graders in this one-room country school. Students sometime numbered 25 to 30. She

was a master planner.
When the third-graders were "up front," sitting on a long bench having their reading class about some far away land, all the rest of the students often tuned in, and I was no ex-

With nothing to show for a school library, Mrs. Dolcie would bring older editions of magazines and personal books from her home such as great classics like "Tom Sawyer" or Jack London's "The Call of the Wild." These books she enthusiastically shared with us, and she encouraged us to always keep a book by our bedside to read at home.

In the early fall of my seventh-grade year, I had a severe cut on my ankle while playing a town ball game with my friends during recess. This required a trip to the local doctor's office, who clamped the gushing artery to stop the bleeding, and a week of recovery at my grandma's farm home. During the week of restrictions and bed rest, Mrs. Dolcie would drop by after school each day with a new book

Public Notice

The adopted Budget,
Financial Statements and
most recent
Audit/Attestation Reports
for the Crittenden County
Extension Service may be
examined by the public at
the Crittenden County
Extension Service at 1534
US Hwy 60 E, Marion,
Kentucky, on Friday,
September 4, 2015, from
2.00 to 4.00 p.m. CST.

EXTENSION SEXPLES

Crittenden County

Extension District



or magazine to cheer me up and keep the reading motivation going.

During our long, dreary, cold winters, the days leading up to Christmas were the highlight of the month. Not only did we read about Charles Dickens' "Christmas Carol," but we were introduced to other classics about this season of joy and light.

Mrs. Dolcie had what today we would call a classroom assistant in the form of her husband, Lewis. In early December on a Friday afternoon, Lewis would appear in his farm pickup truck and away two or three of us boys would go in search of a Christmas tree. These were usually found on his farm in wooded areas. After we found one we liked, we sawed it down and loaded it for delivery to the school house.

During the next week, this large cedar tree was erected in the corner of our classroom and became the focus of our reading classes, artwork and musical lessons

sical lessons. As the days leading up to Christmas grew shorter, the tree grew larger with multiple colored chains, ornaments of red, gold blue, etc. Excitement was heightened each day with a reading about famous Christmas events from around the world. We all drew names for a gift exchange that presented us with a major challenge: Could we keep it a secret until the last day before

our Christmas break?
On that final Friday,
the entire afternoon session was devoted to a
party with homemade
cookies and Kool-Aid.
There would always be a
brief program lead by Mrs.
Dolcie, with several students sharing memorized
pieces and English assignments from our essays
about the meaning of

Christmas.
Santa Claus arrived soon thereafter (that classroom assistant Lewis, again) and all the excitement climaxed with each student receiving a gift with the revelation of who had drawn whose name. All the parents were invited to attend this event, of course.

With her great love of reading, Mrs. Dolcie saw to it that no child left the building that afternoon without a surprise package from her. You guessed it, it was a new book picked to fit our reading level so that during the two-week break, the joy of reading could continue at home.

As I look back on those wonderful years in a one-room school, I realize that







SUBMITTED PHOTO

Clockwise from top, the entire student body of Pleasant Grove School poses for a group photo on a sunny January day in 1948. The eighth-grade class is standing together in the doorway. They are (from left) Mary K. Croft, Blanton Croft and Shirley Croft; an old hand-cranked pump, the only water system at Pleasant Grove School, with power provided by eighth-graders Mary K. Croft (left) and Shirley Croft. The entire eighth grade consisted of these two and Blanton Croft. In these days, the only way a girl could wear pants to school was if they wore them under there dresses, as the picture shows; Mrs. Dolcie Croft, a teacher at Pleasant Grove School, poses between two eighth-graders, Shirley Croft (at left) and Mary K. Croft. Students had to pass a written comprehensive exam to graduate and this was given in late March. The school term ended in mid-April as only eight months of class were required at that time.

reading was the key that empowered me for the rest of my life.

Mrs. Dolcie, with her great motivational skill to challenge us to read, changed my life in a positive way forever. And for that, I will forever be grateful.

More history

There is more history about the last Pleasant Grove School house built in 1910, which was the fourth building.

It was located on the Salem and Tolu road, and at that time, it was a narrow dirt road. Years later, the road was rocked.
Then, as time passed and the roads were improved, it was blacktopped and

became Ky. 723.

Due to necessity, the fourth building was much larger than the preceding

ones. Enrollment had climbed to near 70 or 75. But that did not mean attendance was always that many. During the first few months, attendance was better than later in the year. Boys who were large enough to do farm work had to drop out and help during the harvest season. When winter came, the smaller ones couldn't make it every day.

This was a one-room school for several years.
Later, another room was added to accommodate all the children and to separate the grade levels.

As the years went by, several boys and girls fin-

ished the eighth grade. It was very difficult to get to high school due to the distance and bad roads. Soon, the roads were improved and better ways of travel were available and schools began to be consolidated.

The Pleasant Grove School building burned in the late 1950s, and the students were transported to the Tolu school.

Parting thoughts

I would like to thank
Dr. Croft for sharing his
memories and pictures of
his young learning days at
Pleasant Grove School. I'm

sure it brings back many memories to all of us who attended these wonderful one- and two-room schools when we were growing up. Having a caring, kind and patient teacher was also a plus and made learning much more fun.

(Editor's note: Brenda Underdown is Crittenden County's historian laureate and serves on the board of the local historical and genealogical societies. She is also active in maintaining Crittenden County Historical Museum. Her blog can be found at OurForgotten-Passages.blogspot.com. Her column appears regularly in this newspaper.)

NOTICE OF PASSAGE AND SUMMARY OF ORDINANCE

ORDINANCE NUMBER 15-06 AN ORDINANCE RELATING TO THE TAX LEVY FOR THE YEAR 2015

Notice is hereby given that the City Council of the City of Marion, Kentucky, at its special called meeting held on August 24, 2015, at 5:00 o'clock p.m., gave second reading and passed and adopted an Ordinance relating to the Marion Code of Ordinances, which Ordinance had been given its first reading at a regular called meeting of the City Council held on August 17, 2015, at 6:00 o'clock p.m. A summary of the Ordinance is as follows:

This Ordinance levies an ad valorem tax on each One Hundred Dollar of Fair Cash value of the below listed property in the City of Marion, Kentucky:

\$.223 per One Hundred Dollars\$.199 per One Hundred Dollars\$.223 per One Hundred Dollars\$.229 per One Hundred Dollars

\$.229 per One Hundred Dollars

Real Property
Personal Property
Public Utilities
Motor Vehicles

The full text of the Ordinance is on file in the Office of the City Clerk in the City Building, Marion, Kentucky, where it is available for public inspection.

PREPARED BY:
ROBERT B. FRAZER
CITY ATTORNEY
FRAZER & MASSEY
ATTORNEYS-AT-LAW
P.O. BOX 361
MARION, KY 42064
(270) 965-2261

Motor Boats

NOTICE OF HEARING CRITTENDEN COUNTY BOARD OF EDUCATION

The Crittenden County Board of Education will hold a public hearing in the Rocket Arena conference room on September 10, 2015 at 5:30 p.m. to hear public comments regarding a proposed general fund tax levy of 47.8 cents on real property and 47.8 cents on personal property.

The General fund tax levied in fiscal year 2015 was 47.8 cents on real property and 47.8 cents on personal property and produced revenue of \$1,780,920.34. The proposed General Fund tax rate of 47.8 cents on real property and 47.8 cents on personal property is expected to produce \$1,825,660.69. Of this amount, \$349,712.19 is from new and personal property. The compensating tax rate for 2016 is 46.8 cents on real property and 47.4 cents on personal property and is expected to produce \$1,791,455.34.

The general areas to which revenue of \$44,740.35 above 2015 revenue is to be allocated are as follows: Cost of collections, \$1,789.62; instruction, \$42,950.73.

The General Assembly has required publication of this advertisement and the information contained herein.

The Press Online

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FOOTBALL

Young Rockets night

Crittenden County's high school football team will welcome its younger teams to Rocket Stadium Friday night when Crittenden County hosts Hopkins Central on Aug. 28. Players and cheerleaders from flag football, Junior Pro and middle school who wear their team iersey will get in free and be recognized on the field at halftime.

Little league pre-season

Crittenden County's Junior Pro football Rockets will play Sturgis at 9 a.m., Saturay at Webster County's football field in Dixon in the Pre-Season Jamboree.

CCMS opens Tuesday

Crittenden County Middle School will open its football season Tuesday night under new coach Jared Brown. The Rockets play at Union

JV game is cancelled

Crittenden County's junior varsity football game scheduled for Monday at Hopkins Central has been cancelled.

GOLF

Open golf event at MCC

The Heritage at Marion Country Club will host its signature medal play event, The Heritage Invitational, on Sept. 5-6. Cost is \$70 per player. There will be shotgun starts at 8 a.m., and 1 p.m., each day. Tournament will be flighted after 18 holes and the ball will be played down both days, conditions permitting. To register, call Kyle Myers at (270) 704-

Lighted ball, night golf

The Heritage at Marion Country Club will host an 18-hole Glow Ball Tournament on Saturday, Sept. 26. Nine holes will be played before dark and nine after dark, using lighted balls and pins. There will be a meal between the first nine and back nine. This is a two-person format tournament and all proceeds benefit the Crittenden County High School golf team. Cost is \$60 per team. Register at the pro shop.

MISCELLANEOUS

Youth triathlon Labor Day

The annual Crittenden County Youth Triathlon will be held Labor Day, Monday, Sept. 7 starting at 8 a.m., at Marion Country Club Pool. The competition is open to everyone who meets the age requirements. The event will include swimming, biking and running. Registration is at 7:30 a.m. Cost is \$10. For information, call (270) 704-1871. Distances vary by age. The event is for participants age 5-18. The event distances are as follows for swimming, biking and running, respectively: Age Distances

25 meters, half mile, quarter mile 50 meters, 1 mile, half mile 100 meters, 2 miles, 1 mile 200 meters, 5 miles, 2 miles

BASEBALL

Wooden bat old-timers

There will be an old-timers, wooden bat baseball game starting at 1:30 p.m., on Sunday, Sept. 13 at Marion-Crittenden County Park. Player fee will be \$20. This is a fundraising event for the Marion Junior Bobcats baseball. Call or text (270) 704-0435.

TENNIS

QuickStart begins Sept. 14

QuickStart Tennis, an adjusted format of tennis for young players, will begin at 5:30 p.m., Sept. 14 at Marion-Crittenden County Park. This is a six-session tennis program for players in grades K-8. Cost is \$15 first child in household, and \$10 for each additional child. Tennis racquets and balls will be provided for those who do not have equipment. Each session lasts for one hour. For more information, call (270) 965-3188.

OUTDOORS

Dove season Sept. 1

The statewide dove hunting season opens at 11 a.m., on Tuesday. Afterward, daily shooting hours are onehalf hour before sunrise to sunset. Everyone who plans to hunt migratory birds this season – including ducks and doves - must fill out a Harvest Inventory Program or HIP Survey online. It asks two questions, whether you plan to hunt migratory birds this year and whether you did last year. You will receive a confirmation number which must be present with you while hunting migratory birds. It's the law.

Gilchrist qualifies again for Class A state

Crittenden County eighthgrader Lauren Gilchrist has for the second straight year qualified for the Kentucky State Class A Girls Golf Tournament by shooting a 98 Saturday in the regional small-school match at Pennvrile State Park.

The middle schooler playing as a high school golfer, won the regional match last

year and finished fourth this time, 13 strokes behind champion Margaret Brown of Caldwell County

Gilchrist will play in the state tournament on Sept. 12 at Woodson Bend Resort Golf Course in Bronston, Ky., south of Somerset on Lake Cumberland.

Gilchrist was 46th overall in last year's All A state competition.

The CCHS boys didn't do so well in the regional Class A match, failing to defend their championship of 2014. Caldwell won the match this time. Rocket golfers' scores were as follows: Will Tolley 86, Reid Baker 96, Sammy Greenwell 98, Braxton Winders 106, Logan Belt 106. Lyon's Cullan Brown was medalist with a 72.

In other action last week,

Springs at Pennyrile State Park and defeated the Panthers 186-222 behind a nice performance by seventhgrader Sammy Greenwell with a 42.

Other local scoring was as follows: Tolley 48, Baker 50, Belt 48, Tate Roberts 48 and Gilchrist 50 (playing from the men's tees).



Lauren Gilchrist Finished 4th at Class A regional match





At left, Crittenden County soccer junior Alexis Tabor helps defend her team's goal by firing a shot downfield against Union County. Above, Kaitlyn Hicks returns a shot during a volleyball match Monday at Rocket Arena.

Soccer girls notch Class A win vs. Lyons

STAFF REPORT

Crittenden County beat winless Lyon County 2-1 Tuesday at Eddyville in the opening round of the Class A Soccer Tournament.

Goalie Bailey Barnes had six saves and senior Kali Travis scored both goals on assists by Emily Tinsley and Ashley Wheeler.

It was Crittenden's first win of the season after four matches. The Lady Rockets have one tie, however. Crittenden and Dawson Springs battled to a stalemate 3-3 on Aug. 18 to open the season. In that game, Travis scored twice and had an assist, and Wheeler had a goal and two assists. Barnes had six

The Lady Rockets also lost 8-1

last week to Union County and 6-2 at Ballard Memorial on Tuesday. Travis scored the only goal against Union on an assist by Wheeler. Barnes had 18 saves. In the Ballard match, Barnes had six saves, and Kali Travis and Ashley Wheeler scored the Lady Rockets' goals and each had an assist.

Crittenden will play University Heights in the next Class A match.

VOLLEYBALL

The Lady Rocket volleyball team has struggled to start the season. The girls have lost five straight matches, winning just one set along

The girls have played just one

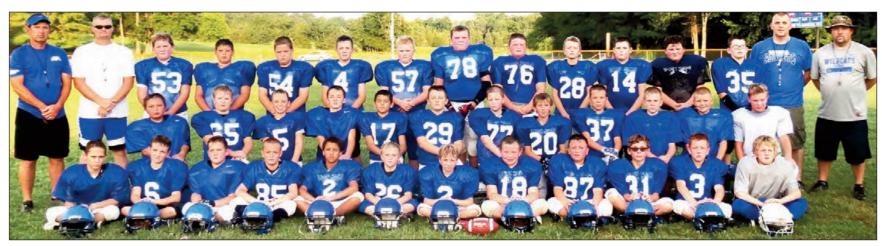
home match and that was against a very tough Paducah Tilghman squad on Monday night. Tilghman won the match in straight sets 25-16, 25-12, 25-13.

Crittenden lost twice on Saturday at the Lady Cardinal Classic in Livingston County. The host Lady Cards dispatched Crittenden in straight sets 21-4, 21-10 then the Rocket girls fell to Union County 21-2, 21-16.

Early last week, Crittenden played Union and Webster counties on the road. The girls won the opening set at Webster before finishing with a loss 20-25, 25-8, 25-16, 25-15. Union County beat Crittenden

25-21, 25-6, 25-7. Against Webster, Megan Sherrill had 30 of the team's 34 assists and five digs. Emily Hall led the way with six digs and Sage Winternheimer and Kaitlyn Myers had five apiece. Kristen Perryman had three of the team's nine kill shots. Myers had three aces on 17 serves and was 82 percent proficient from the service line. Catherine Hutchison had 6.5 points and Kristen Perryman 5.5.

Against Union County, Sherrill had 26 assists and Myers led the way with nine digs. Myers had two kills. From the service line, Kenlee Perryman had three aces and a perfect serving percentage on four shots. Sherrill was also perfect from the service line. Kenlee Perryman led the team with four points.



Fifth- and sixth-grade Junior Pro team members include (front from left) Nash Craddock, Seth Guess, Dalton Collins, Ayden Boone, Kaleb Nesbitt, Preston Sisco, Taylor Graw, Seth Blackburn, Brayden Williamson, Kiefer Marshall, Briley Berry, Will Watson; (middle row) John Sigler, Case Gobin, Caden Riley, Sam Impastato, Preston Morgeson, Deacon Holliman, David Valentine, Kyle "Tolu" Tinsley, Tanner Beverly, Trace Derrington, Ethen Hunt, Tanner Campbell; (back row) coaches Chris Evans and Trent Guess, Paul Combs, Benjamin Evans, Zachary Counts, Maddox Carlson, Tucker Sharp, Holden Cooksey, Dylan Yates, Luke Crider, Coleman Stone, Josh Land, Dalton Wood, coaches Darron Holliman and Donny Beverly.



Third- and fourth-grade Rockets (front from left) are Jantzon Fowler, Jason Millikan, Bennett McDaniel, Levi Piper, Asa McCord, Carson Yates, Landon Curry, Caden Howard, Bryan Chaney, Avery Belt, Teague Millikan; (middle row) Turner Sharp, Hunter Duncan, Jaxon Hatfield, Tyler Belt, Micah Newcom, Alex Conner, Dre Scott, Gattin Travis, Chaun Tramble, Tyree McLean, Jack Greer, Rien Tabor, Lane West; (back) Travis Blazina, Joey Myers, Hurst Miniard, Keifer Watson, Gabe Keller, Jeremiah Foster, Peyton Williams, Travis Champion, Chase Conyer, Conner Simpkins, Caden DeBoe, Kaiden Travis, Grayson James, Mason Crider. Coaches are Rusty Miniard, Ryan McDaniel, Jacob Courtney and Johnny Newcom.

Grandson of Marion native wins WS title

Chase Davidson, the eightyear-old grandson of Crittenden County High School alumnus Ted Davidson, was a member of the USSSA World Series champion 8under Chino Hills Thunder last month.



The Chino Hills Thunder went 6-1 and won the Wilson-Demarini Elite World Series Tournament at the ESPN Wide World of Sports complex near Orlando, Fla.

The Chino Hills Thunder from Riverside, Calif., played 101 games this summer. Ted Davidson is a 1964 graduate of CCHS and still has family living here.

ENDEN COUNTY HIGH CRITTI FRIDAY, SEPT. 4 Football at McLean County

THURSDAY Golf at Muhlenberg County Volleyball at Hopkins Central **FRIDAY** Football hosts Hopkins Central **SATURDAY** Volleyball hosts St. Mary **MONDAY** Soccer at Paducah Tilghman **TUESDAY** Golf at Union County Soccer at Trigg County Volleyball hosts Trigg County THURSDAY, SEPT. 3 Golf hosts Dawson Springs Soccer at Hopkins Central Volleyball hosts Union County

Football - Nick Castiller

Soccer - Alexis Tabor **Golf - Sammy Greenwell** Volleyball - Kaitlyn Myers



Starnes says win over Todd is not enough to quench desire

Plenty of room for improvement with technique

STAFF REPORT

For Rocket football coach Al Starnes there's so much more to see in a 35-14 season-opening victory over Todd Central than the final

It's the big picture the 25year veteran skipper is focused upon and right now his crystal ball is spinning with enthusiasm, but it's not clear enough to predict a breakout season for the Rockets.

Starnes has a vision for this year's team and it will take some more fine tuning before the gears are perfectly aligned and ready for perhaps stronger teams that remain further into the schedule

"We don't want to just win the games we're suppose to That's not good enough," said the coach, whose teams have won no more than four games in any of the last four years. "Make no mistake, I am

proud of the win," Starnes said. "But that doesn't mean we're satisfied. Our technique has got to be better. We can't be satisfied just because we beat Todd.

Of course, Todd Central's credentials coming into the game were poor. They'd won only two games last year and five over the past four years. A football Goliath, the Rebels were not.

"They were athletic as we knew they'd be," Starnes said. "We wore them down."

The skipper thinks his boys could have delivered the knock out blow even earlier in the game had it not misfired on a drive just before the half. By the second half, the Rebels were on their heels and Crittenden ran away with the game.

"Todd is a good football team. They are big up front and we knew the quarterback was a dangerous player," Starnes said. "Our game plan was to wear them down and I think that's what

The Rockets piled up 518 total yards en route to a season-opening non-district victory over the 2A Rebels.

Öuarterback Nick Castiller was the catalyst on offense. The senior second-yearstarter threw for 209 yards and a touchdown and ran for 142 yards and 2 touchdowns. Although game statistics are not complete, existing records indicate that this was the first time in school history that a Rocket QB ran for at least 100 yards and threw for 200 or more in the same game.

Rocket coach Al Starnes described his signal caller as a "student of the game" and a "very accurate passer."

Castiller made the anticipated first-game mistakes, but was the key figure in Crittenden's debut victory in 2015.

Running backs Dylan Hollis and Maeson Myers tagteamed for two more rushing touchdowns. Hollis didn't have a carry in the first half and just three in the last two periods, but finished with 91 yards. His 78-yard TD run capped the victory in the

312 W. GUM ST.

MARION, KY 42064





quarterback Nick Castiller had a record night, rushing for 142 and passing for 209 against Todd Central.

third period and made it clear that Crittenden had adequately worn the Todd defense to its threads. Myers finished with 77 yards and an 8-yard TD.

Crittenden Defensively, was just as sharp. After a couple of early touchdowns by Todd Central, the Rockets retooled at halftime and held the Rebels to just one first down the last two quarters and no points. Crittenden, meanwhile, moved the chains consistently, marking off 17 first downs for the game and punting just 3 times in 13 possessions.

"We probably could have put them away in the first half," Starnes said, "but we didn't. We made some adjustments at halftime and that made the difference."

Senior lineman Travis McKinney had 13 tackles and first-year linebacker Dylan Smith had 13, too. Senior defensive end Travis Fitzgerald added 11 tackles including two sacks and a

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fumble recovery and Hollis had 12 tackles and a sack at linebacker.

The receiving corps was solid, dropping only a couple of passes. Hollis caught three balls for 95 yards and Ethan Hunt had 59 yards on 2 catches. Tight end Tyler Coleman was perfect, catching everything thrown his way. He grabbed 4 passes for 55 yards, plus a conversation passed he pulled off his back hip for 2 points. Coleman also threw for 48 yards on a double-pass. He caught a screen on the game's first play and hit Alex Cosby for a

48-yard gain. Todd Central's Ryan Briggs, a senior, who was injured early in the game and taken off the field in an ambulance appears to be okay. went home Friday night with his family from Crittenden Hospital.

SCORE BY QUARTERS

Todd Central 7 7 0 0 Crittenden County 6 15 14 0

SCORING PLAYS

C-Nick Castiller 18 run (pass failed) 7:54, 1st

T-Naytrimus Harris 9 run (Noah Bicksler kick) 1:42, 1st C-Tyler Coleman 10 pass from

Castiller (Coleman pass from Castiller) 11:55, 2nd T-Harris 1 run (Bicksler kick) 8:39,

C-Maeson Myers 8 run (Dylan Hicks kick) 4:48, 2nd C-Castiller 10 run (Dylan Hollis pass

from Castiller) 5:36, 3rd C-Hollis 78 run (kick failed) 2:28, 3rd

TEAM STATISTICS

First Downs: Crittenden 17, Todd 9 Penalties: Crittenden 5-55, Todd 4-30 Rushing: Crittenden 39-361, Todd 40-88 Passing: Crittenden 11-25-2, 257 yds., Todd 12-18-0, 156 yds.

Total Yards: Crittenden 518, Todd 244 Fumbles/Lost: Crittenden 0-0, Todd 2-1

INDIVIDUAL STATISTICS Rushing

Crittenden: Castiller 15-142, Hollis 3-91, Myers 9-77, Devon Nesbitt 5-26, Hunter Boone 1-1, Alex Cosby 2-13, Charlie Johnson 4-11. Todd: Harris 23-46, Travay Henry 11-47, Trey Dickerson 4-10, Jeremiah Simms 2-(-15).

Crittenden: Castiller 10-24-2, 209 yds., Coleman 1-1-0, 48 yds. Todd: Harris 12-18-0, 156 yds.

Receiving

Crittenden: Cosby 1-48, Hollis 3-95, Coleman 4-55, Ethan Hunt 2-59. Todd: Simms 3-13, Cody Slade 2-37, Joseph Johnson 2-39, Dickerson 5-

Defense Dylan Hollis 8 solos, 4 assists, sack; Travis McKinney 4 solos, 9 assists; Travis Fitzgerald 4 solos, 7 assists, 2 sacks, fumble recovery; Dylan Smith 2 solos, 11 assists; Ethan Hunt 4 solos, 4 assists, TFL; Mason Myers 3 solos, 6 assists, TFL; Dylan Hicks 5 solos, 2 assists; Adam 2 solos 5 assists: Seth Birdwell solo, 4 assists; Branen Lamey 2 solos, 1 assist; Nick Castiller 2 solos, assist; Devin Hopper solo, 3 assists; Gavin Dickerson solo. 2 assists TFL: Shelby Robinson solo, assist; Jacob Russelberg solo, 4 assists; Austin McKinney solo; Devon Nesbitt solo; Jake Ellington assist; Landon Brooks solo; Jake Gibson assist; Ethan Dossett assist.

Records Crittenden 1-0, Todd 0-1



KEN JACOBS **BOWLING GREEN, KY** (270) 842-2555

Hopkins Central (4A 1-0) at Crittenden County (1A 1-0)

tral has never beaten the Rockets. The teams will meet for the seventh time on Friday. The Storm has struggled the past few seasons. Their 20-14 win last week against Webster County was the first victory for the team after 37 straight losses. Last week, Hopkins Central held the Trojans to

minus-33 yards rushing. Twelfth graders make up the nucleus of the Storm's team. End Myles Davis, end Branden Tabor and linebacker Damon Benson (all seniors) are their top tacklers. On offense, look for a run-oriented attack with senior flanker Austin Bruce leading the way. He rushed for 101 yards last week against Webster. Sophomore Gage Weatherwax carried two touchdown runs. Hopkins Central has a sophomore QB, Hagan Oakley. He completed all three of his passes last week. INJURIES: Crittenden kicker and defensive back Dylan Hicks was on crutches early this week and will not play Friday. A helmet caught his right

knee late in the game Friday.

CCHS has no backup kicker

Castiller (the QB) will probably

be in charge of kickoffs. Look

for the Rockets to go for two

for extra points, but Nick

after every touchdown.

PHOTOS BY MEREDITH EVANS

Rocket quarterback Nick Castiller and running back Dylan Hol-

lis celebrate after Castiller scored in the first half. At left is

Rocket receiver Ethan Hunt (24) looking for yards after a re-

ception against Todd Central. Castiller was The Paducah Sun

Player of the Week for his performance Friday.







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All phone numbers listed for ads on this page are within the 270 area code unless otherwise noted

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Quality handmade leather belts. Made in the U.S.A. by Yoder's Saddlery. Available at Marion Feed Mill, 501 E. Bellville St., Marion, (270) 965-2252. (tfc)ys

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Parting out or selling whole: Ext. cab 1994 Chevy 6.5 diesel, good shape; Ext. cab 1994 Dodge, long wheelbase, no trans.; Ext. cab 1994 Ford Ranger, no trans. (270) 965-5892. (2t-09-p)

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mobile home

Double-wide for sale, 3 BR, 2 bath, kitchen, living room, dining room, 4car garage, good floors, very large lot with big front yard, great for kids, located at 421 North Weldon, Marion, asking \$33,000. (270) 704-3344 or (270) 967-9002. (2t-10-p)

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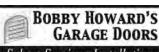
ADOPTING A PET from Crittenden County's Animal Shelter gives an animal a second shot at life. Animals can now be seen online at crittendenshelter.blogspot.com. The shelter holds animals from Crittenden, Lyon and Livingston counties, so be sure to check with the shelter online or at 969-1054 for your lost or missing pet. (nc)

employment

Position available: Part-time housekeeping, immediate openings, must be mature, flexible and dependable and be able to work any day of the week. Employee discount, apply in person at the Hampton Inn, Kuttawa. E.O.E. (3t-10-c)

The Kentucky Department of Corrections has openings for Correc-Officers County. These positions maintain custody and control of inmates/patients in a custodial security setting for adults or performs related special assignments. Applicant must be a high school graduate or have a GED. Must be twenty-one years of age to apply. Applicants and employees in this classification may be required to submit to a drug screening test and background check. Apply to Register online

https://careers.ky.gov through January 31, 2016. For inquires, contact A'Neial Lockhart at (270) 388-2211 ext. 252 at the Kentucky State Peni-



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Yard sale, Wed., Thurs. and Fri., 9 a.m.-5 p.m., 211 Ford Ferry Rd. (1t-

Yard sale, Thurs, Fri. and Sat., 7 a.m.-?, 3707 Ky. 297, Marion. Too much to mention. (1t-09-p)

Yard sale, 609 N. Weldon, Fri. and Sat., 8 a.m.-5 p.m., kids' clothes, lots of other stuff. (1t-09-p)

wanted

Buying gold and silver, paying cash for coins and jewelry. Free appraisals, paying top prices. Call (270) 704-1456. (1t-09-p)

notices

Public Notice

Notice of Public Hearing, Zoning Map Amendment: A request for a Zone Change from R-3 to C-3 for the property located at 644 S. Main Street, Marion, Ky., has been filed with the Marion Planning Commission. A Public Hearing will be held at 5 p.m. on September 10, 2015 before the Marion Planning Commission at the Council Chambers in City Hall, 217 South Main Street, Marion, Ky. For further information contact the Marion Planning and Zoning Coordinator at (270) 965-2266. (2t-09-

Legal Notice

Melissa Guill, Clerk of Crittenden County District Court, Marion, Ky., do certify that the following has filed notice of Final Settlement: Ralph and Nancy Paris of 421 Dollar Road, Fredonia, Ky., co-personal representatives of Jewel Duffy, deceased. The foregoing Settlement is to be heard at the regular session of Crittenden District Court on September 9th, 2015, 9 a.m. All persons having exceptions to said Settlements are to file same at onc

Melissa Guill, Clerk Crittenden District Court (1t-09-c)

Legal Notice

Notice is hereby given that on August 19th, 2015, Patty Diane Workman of P.O. Box 283, Marion, Ky., 42064, was appointed by executrix of Birdie Marion Workman, deceased, whose address was 2391 U.S. 60 East. Marion, Ky., 42064. Rebecca Johnson, attorney.All persons having claims against said estate are hereby notified to present the same properly proven as required by law to the executrix with will annexed on or before the 19th day of February, 2016 and all claims not so proven and presented by that date shall be forever barred. All persons indebted to the estate of the above-named decedent, will please call and settle said debts immediately.

Melissa Guill, Clerk Crittenden District Court (1t-09-c)

Legal Notice

Notice is hereby given that on August 19th, 2015, Charlotte D. Keen of 838 S. Main Street, Marion, Ky., 42064 was appointed administratrix of George R. Keen, deceased, whose address was 838 S. Main Street, Marion, Ky., 42064. All persons having claims against said estate are hereby notified to present the same properly proven as required by law to the administrix on or before the 19th day of February, 2016 and all claims not so proven and presented by that date shall be forever barred. All persons indebted to the estate of the above-named decedent, will please call and settle said debts immedi-

Melissa Guill, Clerk

Crittenden District Court (1t-09-c) Legal Notice

> COMMONWEALTH OF KENTUCKY

CRITTENDEN CIRCUIT COURT CIVIL ACTION NO: 15-CI-00048

The Peoples Bank

PLAINTIFF

Carl R. Belt Jr. Beverlie S. Belt

Unknown occupants and/or tenants of

2023 Pleasant Hill Road, Marion KY 42064

Atlantic Credit & Finance Inc

MJM Financial Services **DOT Capital Investments LLC**

County of Crittenden, Kentucky **DEFENDANTS**

NOTICE OF SALE

By virtue of a Judgment and Order of Sale rendered by the Crittenden Circuit Court on the July 9. 2015. I will on FRIDAY, SEPTEMBER 11, 2015, at the hour of 10:00 a.m. at the Courthouse door in the City of Marion Crittenden County, Kentucky, proceed to offer for sale to the highest and best bidder the following described real property located in Crittenden County, Kentucky, to-wit:

Property Address: 2023 Pleasant Hill Road, Marion, Kentucky

DESCRIPTION: A certain tract or

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parcel of land lying and being in Crittenden County, Kentucky, and more particularly described as follows:

BEGINNING at an iron pin on the west side of the Hunt Road (Pleasant Hill Road) being 30 ft. from the center of the road and about 1 mile north of its junction with Ky. 506 (Pinev Road), in the Hunt's line and at approximately Kentucky Coordinates (south zone) North 366, 700 ft., East 1, 332,200 ft.; thence with the meanders of the west side of the road S. 08 deg. 39 min. W 80.00 ft., S 04 deg. 27 min. E., S 19 deg. 12 min. W. 170.00 ft., S. 12 deg. 32 min. W. 80.00 ft., S 00 deg. 42 min. E. 90.00 ft., S. 07 deg. 38 min. E 175.00 ft., S 05 deg. 12 min. E. 190.00 ft., S. 02 deg. 22 min. E. 60.00 ft., S. 04 deg. 34 min. W. 88.00 ft., S. 07 deg. 04 min. W. 640.00 ft., S. 03 deg. 42 min. W. 115.00 ft., S. 02 deg. 15 min. W. 108.00 ft., S. 04 deg. 54 min. E. 105.00 ft., S. 11 deg. 17 min. E. 344.30 ft. to an iron pin, corner to Simens; thence with his line N. 87 deg. 22 min. W. 31.73 ft. to an iron pin in the center of a branch; thence with the meanders of the center of the branch and Simens' lines N. 14 deg. 23 min. W. 70.18, N. 33 deg. 23 min. W. 65.41 ft., N. 17 deg. 25 min. W. 62.35 ft., N. 41 deg. 05 min. W. 130.74 ft., 60 deg. 46 min. W. 71.10 ft., N. 33 deg. 38 min. W. 70.78 ft., N. 14 deg. 39 min. E. 232.10 ft., N. 08 deg. 16 min. E. 160.73 N. 03 deg. 57 min. E. 102.03 ft., N. 02 deg. 40 min. W. 129.80 ft., N. 14 deg. 26 min. E. 126.55 ft., N. 22 deg. 41 min. E 194.45 ft., N. 11 deg. 10 min. E. 123.27 ft., N. 08 deg. 28 min. W. 224.87 ft., N. 25 deg. 39 min. W. 182.59 ft., N. 13 deg. 20 min. W. 129.47 ft., N. 34 deg. 42 min. W. 138.00 ft., N. 55 deg. 59 min. W. 277.36 ft., N. 15 deg. 55 min. W. 85.87 ft., N. 09 deg. 35 min. E. 66.92 ft., N. 06 deg. 51 min. W. 121.32 ft., to an iron pin in the center branch, just above its intersection with Pinev Creek; thence leaving the creek N. 57 deg. 33 min. E. 538.80 ft. to an iron pin, corner to Hunt; thence with his line S. 74 deg. 38 min. E. 237.51

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SOURCE OF TITLE: Being the same property conveyed to Carl R. Belt Jr., and his wife, Beverlie S. Belt, by The Peoples Bank, by Deed dated November 21st, 2003 and recorded in Deed Book 197, at Page 740, Crittenden County Court Clerk's Office.

Subject to all restrictions, conditions, covenants, and to all legal highways and easements.

DESCRIPTION OF THE PROPERTY CONVEYED HEREIN WAS PROVIDED TO THE DRAFTS-MAN BY THE PLAINTIFF AND THE DRAFTSMAN DOES NOT CERTIFY THE ACCURACY OF SAME NOR ANY EXISTING EASEMENTS

The current year's property taxes will be paid by the purchaser of the prop-

Only delinquent taxes of parties to this action will be paid from the pro-

Purchaser may pay cash or said

property will be sold upon payment of 10% deposit, with the balance upon credit of 30 days, the purchaser shall execute a good and sufficient bond with approved surety thereon for the purchase price, the bond to bear interest at the rate of 12% per annum from the date thereof, until paid, and to have the force and effect of a judgment, but a lien shall be retained on said property to further secure the payment of the purchase price. At his option, the purchaser may pay cash or pay the bond with accrued interest at any time before its maturity. Said sale to be made free and clear of any and all liens claims, rights, title, and interest of any and all parties to this action. The purchase will be prepared to promptly comply with these terms or the said property will immediately be offered again for sale.

GIVEN under my hand this the 12th day of August, 2015. STEPHEN M. ARNETT Special Master Commissioner

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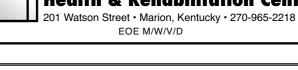
Crittenden County Health & Rehabilitation Center

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201 Watson St. Marion, KY 42064 No phone calls please. **Atrium Centers, LLC**

Crittenden County Health & Rehabilitation Center



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PT ER RN for Weekend Option 7a-7p Shift - Bonus hours for each weekend shift completed. Current KY licensure required. Prior ED experience preferred along with ACLS, PALS & TNCC. If interested, contact Robin Leidecker, ED Manager, at (270) 988-7273 or rleidecker@lhhs.org.

FT Cook/Aide - Prior experience in food preparation and service preferred. If interested, contact Debbie Loyd at (270) 988-0033.

PT MLT - Graduate of MLT program required. Registered with ASCP preferred. If interested, contact Butch Mundy at 270-988-7232 or bmundy@lhhs.org.

FT Nurse Aide 3-11 pm Shift - Certification preferred. If interested, contact JoAnna Stone, CNO at 270-988-7245 or jstone@lhhs.org. PT RN/LPN Weekend Option 7a-7p Shift - Bonus hours for each

PRN RN/LPNs and CNAs needed - If interested, contact JoAnna Stone at (270) 988-7280 or jstone@lhhs.org.

weekend shift completed. Current KY Licensure required.

FT Medical Records Clerk (Day Shift) - Clerical, basic computer, and organizational skills necessary. Previous experience as a medical secretary or in a health care setting preferred. If interested, contact Melissa Manhart at (270) 988-7250 or mmanhart@lhhs.org.

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RE-ENTRY

Continued from Page 1

rection.

Judge Rene Williams, who serves as the 5th Judicial Circuit justice for Crittenden, Webster and Union counties, was the keynote speaker at last Thursday's ceremony. The program is the first of its kind offered at the local jail and is endorsed by Crittenden County Jailer Robbie Kirk as part of a rehabilitationthrough-education initiative.

Portals is directed specifically for re-entry into society to help inmates overcome barriers they will face once released back into society. It offers prisoners curriculum on seeking housing, transportation, how to obtain food, being open about their incarceration at job interviews and developing a successful work ethic.

"It literally covers everything they are going to need to know about re-entering society and what they are going to have to do to function in it. It's very thorough," said Lt. Athena Abshire, Class D Coordinator at the detention center.

She said many of the state inmates in the program come from larger cities such as Louisville, Lexington and Covington. Both Abshire and Deputy Crystal Brantley serve as co-facilitators of the classes.

"As a convicted felon, they have more obstacles to get over than your average citizen does," Abshire said. "They have to know how to approach a work interview; how to open up and be honest about what their past has been. It

makes them recognize they have obstacles. They don't want to set unrealistic goals that they are not going to complete.

Abshire

Classes for the Portals program meet two hours per week and are divided separately between male and female inmates. To participate in the program, inmates must not have a disciplinary writeup for six months. Also, those



Last Thursday, 14 state inmates housed at Crittenden County Detention Center graduated from a six-month course called Portals New Direction, which provides them the opportunity to learn valuable information designed to enable them to have a successful re-entry into society. Pictured are (front, from left) 5th Judicial Circuit Judge Rene Williams, program graduates Stanley Duke, Robert Murphy, Jerrod Davidson, Michael Warden, Alfonzo Payton and Shawn Evans, Deputy Jailer Krystal Brantley and jail Lt. Athena Abshire, (back) Crittenden County Jailer Robert Kirk and graduates Michael Vaughn, Maurice Huston, Dustin Watson, Donald Broughton, Casey Bobbit and Keith Stallworth. Not pictured are inmates Damon Gidron and William Martin, who earlier graduated from the program and were granted release.

charged with a violent crime are not allowed to take the courses. However, Abshire said the detention center doesn't house inmates charged with a violent crime long enough for them to even complete a program, as they are usually transferred to a penitentiary.

In addition to the Portals program, the detention center also offers two other educational programs. One allows them the opportunity to study and obtain their GED. The other, entitled 24/7 Dads, offers an exten-

sive parenting program. Inmates study for only one program at a time. Upon graduation, they can enroll in another program. For every completed program, an inmate receives 90 days off their sentence.

Kirk said tax dollars do not pay for any of the educational programs. Revenue for the programs is generated through the commissary

fund. Kirk said the expenditure of the commissary profit account go toward the betterment of inmates in regard to three areas: education, medical and recreation. Those reports are audited each year and provided to county officials.

Before becoming jailer last year, Kirk said the only educational program the detention center offered inmates was the opportunity to study for their GED. But until this year, they didn't take the actual GED test while incarcerated. Upon release, they would have to travel to a GED testing facility to take the actual test. He said now inmates have the opportunity to leave the facility as a GED graduate.

Both Kirk and Abshire said one outcome of the program is that the detention center has seen a noticeable decrease in disciplinary issues because the inmates want to be able to remain in and complete the classes. Abshire said she's even had inmates write to her from other jails who want to be transferred to the detention center in Marion so they can take the courses.

"It's made them learn to discipline themselves so that they are not getting write-ups. They are not falling into peer pressure to act out. It's a different mentality while you are in a facility. You do tend to want to follow the crowd," Abshire said. "It's really taught them self-discipline. They have to be held to a higher standard to be in the class."

But not everyone who starts the program completes it. While 18 inmates have graduated from the Portals program, 71 inmates originally signed up for it. Over time, 17 inmates were terminated due to disciplinary violations, two inmates withdrew on their own and 34 inmates either served or paroled out of their time at the facility. Of the 18 who completed the course, four of them were immediately released upon graduation.

"These inmates who are

graduating have been on their best behavior. They have not caused any problems and have not had problems with other inmates in dorms," Kirk said, adding the detention center is considering adding a fourth educational program for inmates. "We are not the largest jail in Kentucky. But we're not the smallest. We're working hard to be one of the

Lt. Abshire said a number of local businesses helped with the educational classes. To accommodate scheduling, instruction was recorded on DVD and the classes taught can be used for the future. Business and individuals participating were Farmers Bank & Trust Co., with employees Barrett Belt and Scott Belt providing instruction; Probation and Parole Officer Brittany Piper; Crittenden County Attorney Rebecca Johnson and Debbie Brown from the Child Support Office; Lisa French from Par 4 Plastics; and Crittenden Circuit Clerk Melissa Guill.

STREETS

Continued from Page 1

roughly \$80,000.

We just want to get the most bang for our buck," said Mayor Mickey Alexander of the limited municipal aid funds available in 2015.

The streets targeted for work are East Gum, Rudd, North Maple, Moore, West Carlisle from South Weldon to South Yandell and North Yandell from Crittenden Drive to just past Travis Street. Addi-

tionally, the city's service road leading to and including the boat ramp at Lake George is on the list. City Admin-

Bryant

istrator Mark said

Alexander Rudd Street is probably in the worst shape of the lot. Repairing the service road at the city's reservoir will complement work done by the county on its portion of the road starting from Chapel Hill Road. Leland Avenue and Leland Court, which service one of the city's more populated residential areas, had already been approved for resurfacing.

The length of East Depot Street beginning at South Main Street should also get fresh pavement this year, but it is maintained by the Kentucky Transportation Cabinet, as the street runs along Ky. 506. Transportation Cabinet spokesman Keith Todd said work has not been scheduled yet, however.

Crittenden Fiscal Court also has a long list of needed repairs to its 368 miles of roadways. The county received enough state aid to pave about 4.5 miles of roads this year, but roughly twice that amount will be addressed, using other road funds to pay the balance.

There are also county roads scheduled to get fresh chip seal this year. Judge-Executive Perry Newcom said some of the worst are Dick Jones, Baker Hollow and Wigginton roads. A story in last week's issue of The Crittenden Press erroneously stated these roads had already received new chip seal.









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